



**SOCIÉTÉ DE PHARMACIE DE LYON**  
Janvier 2022

## Immunothérapie dans les infections sévères en réanimation choc septique et COVID-19

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**Prof. G. Monneret :**

- Aucun conflit d'intérêt personnel
- Directeur EA 7426 (U. Lyon 1 / HCL / bioMérieux)



Any given life-threatening infection results,  
by definition, from an immunodeficiency,  
whether inherited or acquired

*Casanova JL, Science 2007*



## I. Physiopathologie du sepsis (infections sévères)

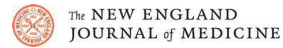
## More than ever: septic syndromes still a serious a public health concern

2017



### Recognizing Sepsis as a Global Health Priority — A WHO Resolution

Konrad Reinhart, M.D., Ron Daniels, M.D., Niranjani Kissoon, M.D., Flavia R. Machado, M.D., Ph.D., Raymond D. Schachter, L.L.B., and Simon Finfer, M.D.



2020 (jan)

Globally, sepsis accounts for 11 million deaths / year (Rudd et al. Lancet)

*“By comparison, the World Health Organisation estimated that there were 9.6 million deaths from cancer in 2018”.*

THE LANCET

2021

### COVID-19: it's all about sepsis

Jean-Louis Vincent\* 2,5 million deaths / year

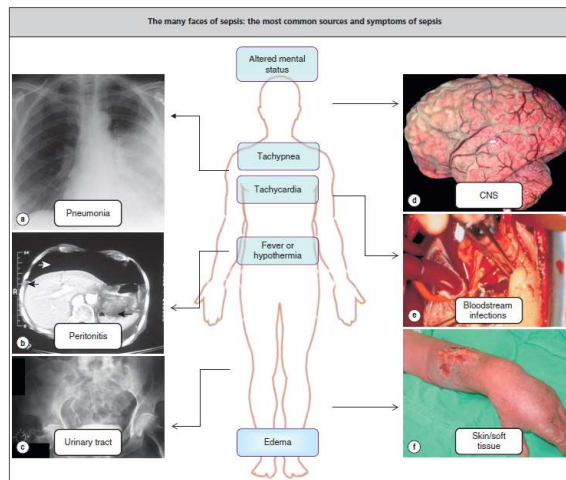


2021

- leading cause of death in ICU
- 28-day mortality: sepsis = 20 %, septic shock = 40 %

## What is sepsis ?

Any type of germ: bacterial, viral or fungal  
Any site : Pneumonia, gut, kidney, bloodstream infection  
can lead to sepsis



## Sepsis 2016 definition

Special Communication | CARING FOR THE CRITICALLY ILL PATIENT

### The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

#### Sepsis

Life threatening organ dysfunction caused by a dysregulated host response to infection  
(*i.e.*, one infection + one organ failure)

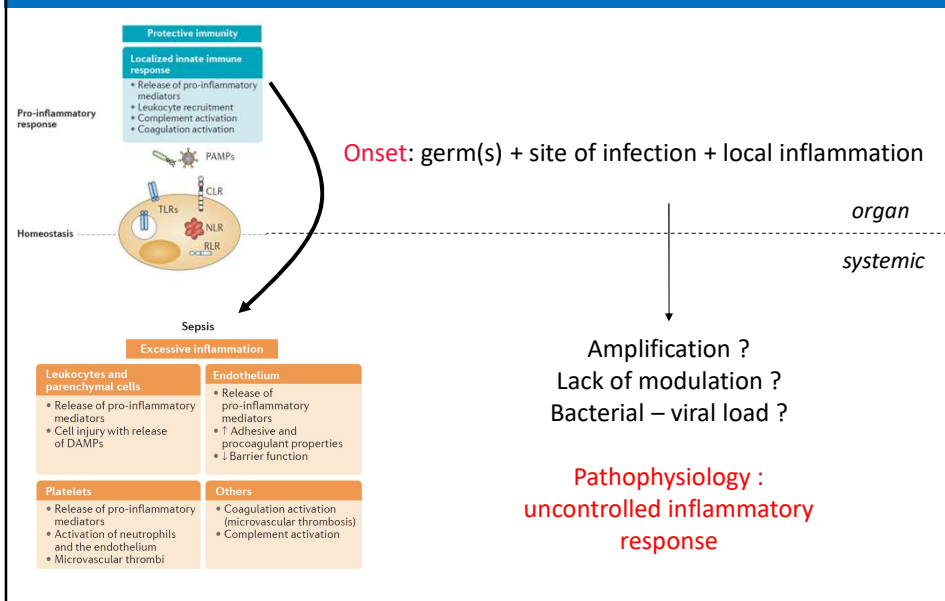
#### Septic shock

Sepsis + vasopressor therapy needed  
(*i.e.*, cardiovascular failure)

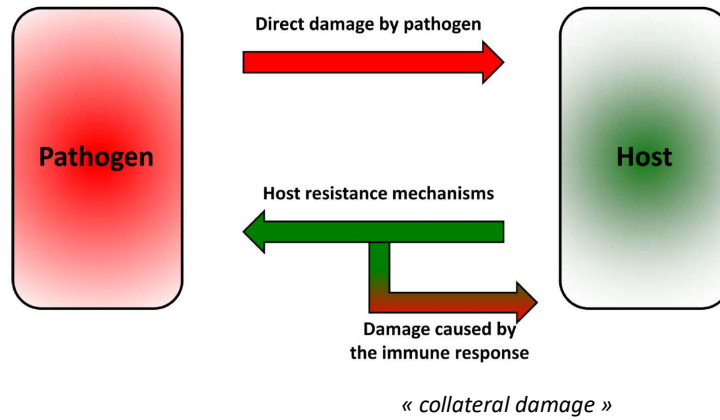
**JAMA** The Journal of the American Medical Association

Singer et al., JAMA 2016

## Pathophysiology - Inflammation is a balancing act: neither too much nor too little is desirable

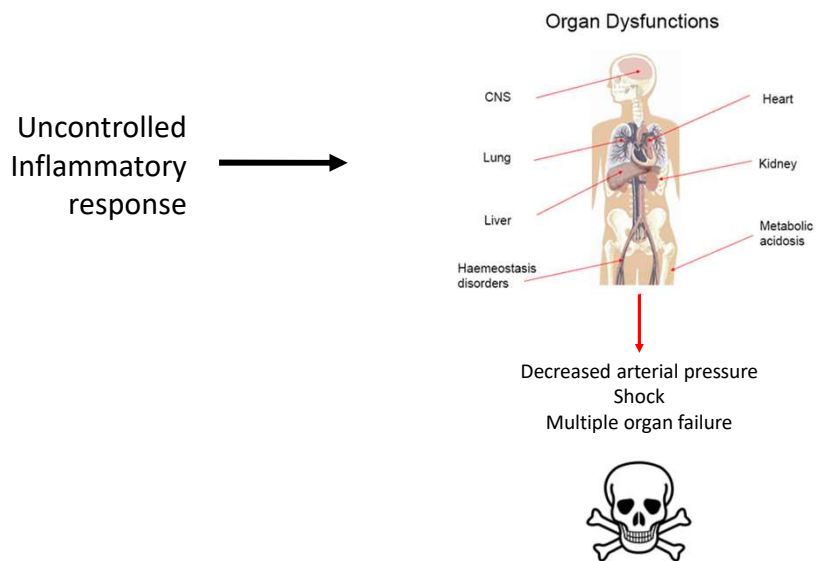


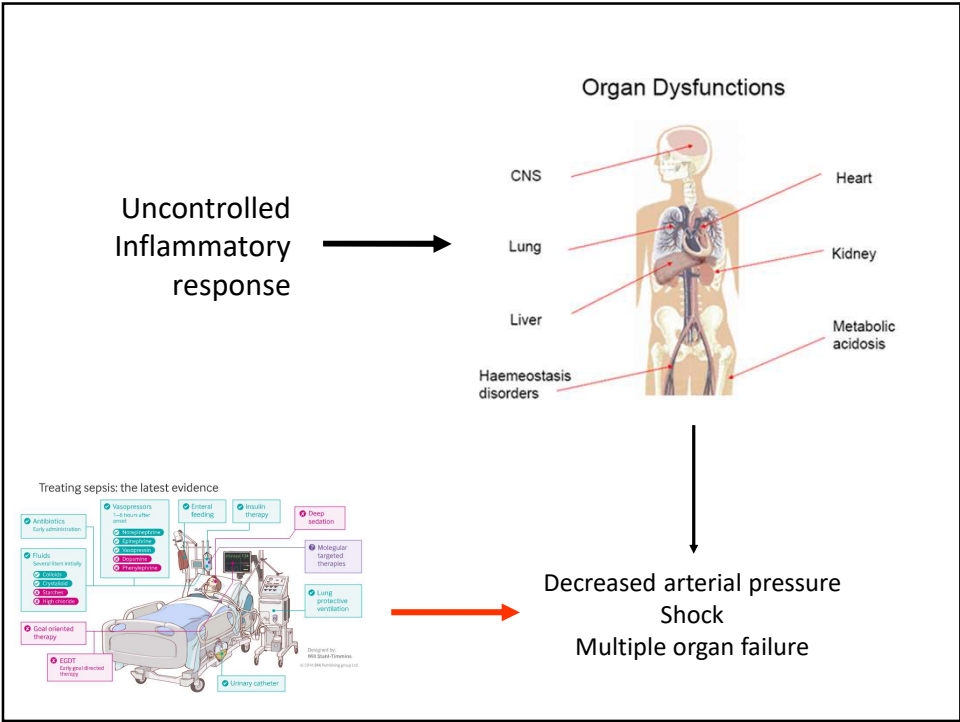
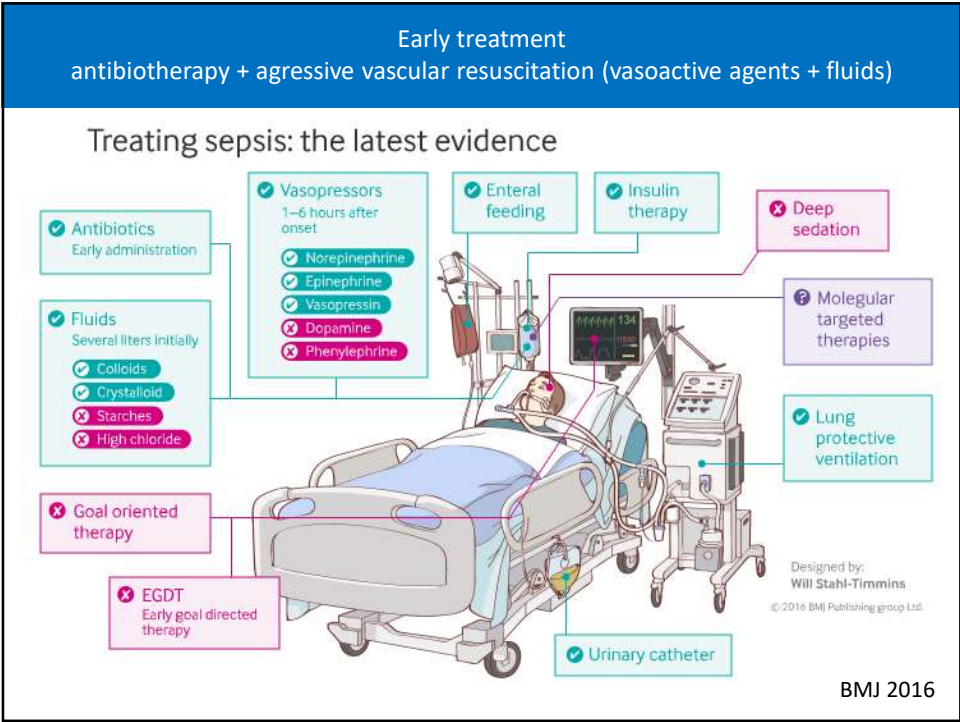
## Old paradigm for sepsis pathophysiology

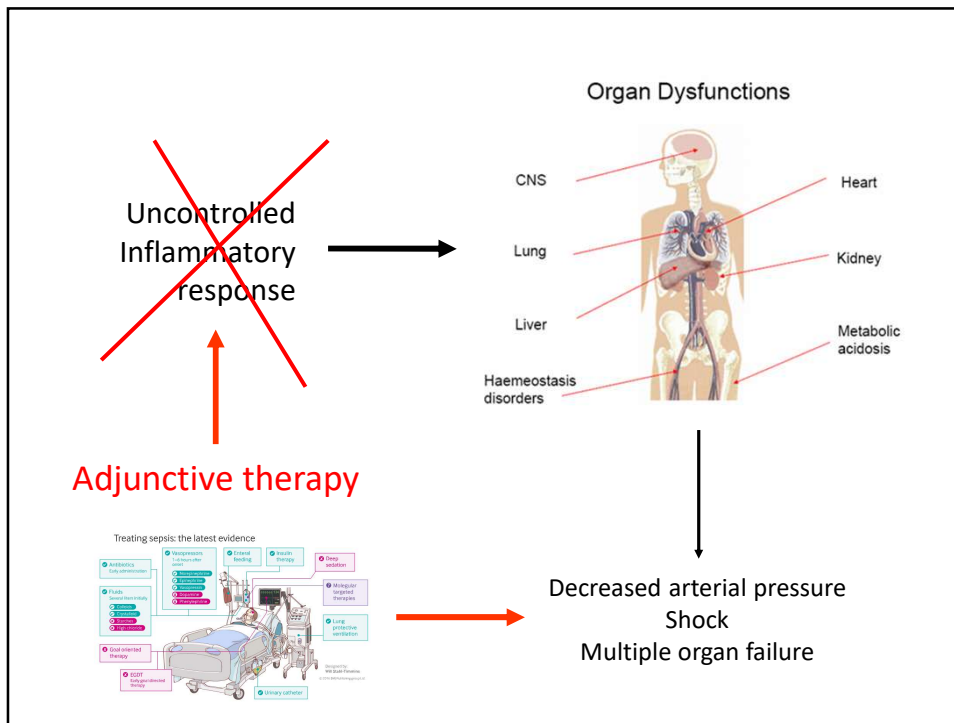


Adated from Medzhitov et al., Science 2012

## Old paradigm for sepsis pathophysiology







## Failure of clinical trials testing anti-inflammatory therapies

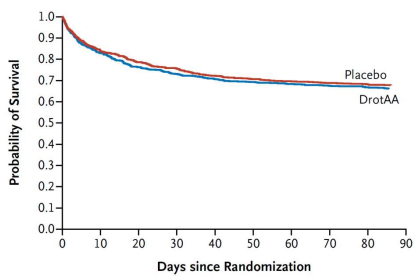
Drug	Number of studies	Number of patients	Mortality (%)	
			Placebo	Drug
Anti-endotoxine	4	2010	35	35
Anti-bradykinine	2	755	36	39
Anti-PAF	2	870	50	45
Anti-TNF	8	4132	41	40
R solubles TNF	2	688	38	40
AINS	3	514	40	37
Steroids (high doses)	9	1267	35	39
...	...	...	...	...
<b>Total</b>	<b>33</b>	<b>12034</b>	<b>38</b>	<b>38</b>

*Zeni et al, Crit Care Med, 1997*

## 40 years of failure in anti-inflammatory therapies

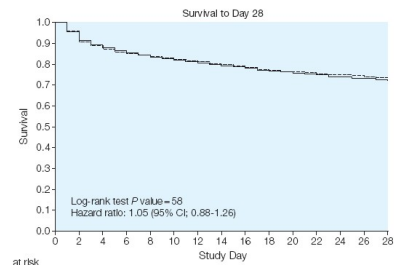


Drotrecogin Alfa (Activated) in Adults with Septic Shock



Ranieri et al. 2012

Effect of Eritoran, an Antagonist of MD2-TLR4, on Mortality in Patients With Severe Sepsis  
The ACCESS Randomized Trial



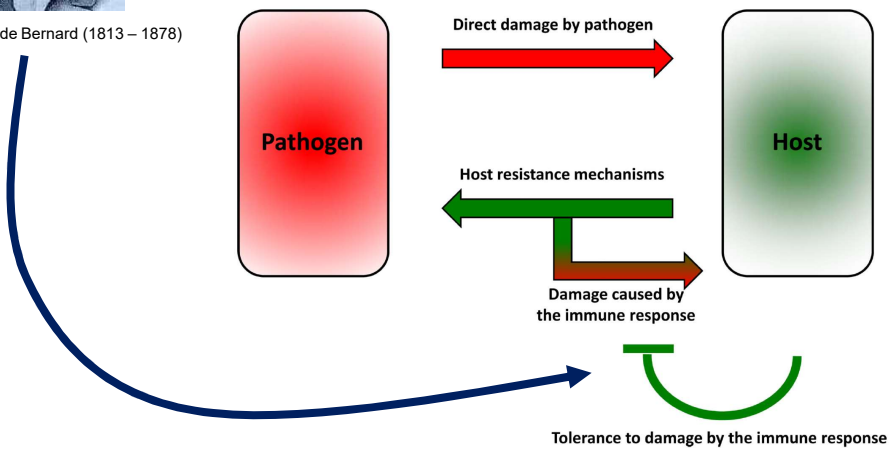
JAMA The Journal of the American Medical Association

Opal et al. 2013



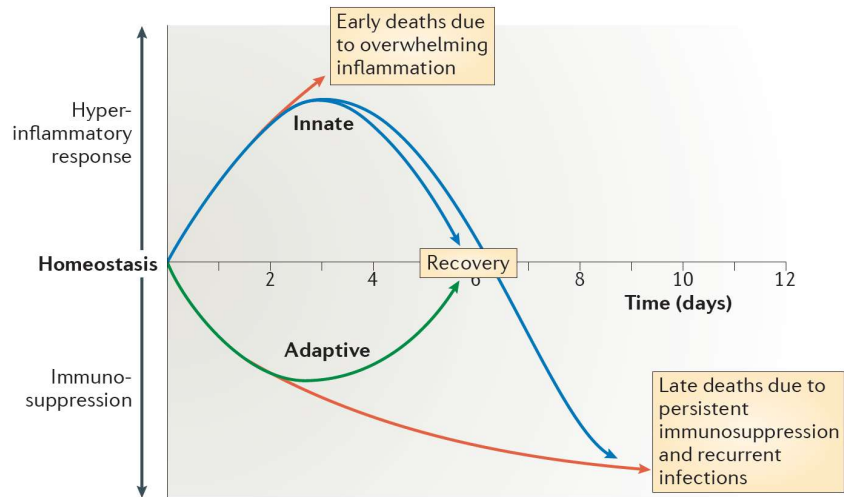
Claude Bernard (1813 - 1878)

« Only homeostasis matters »





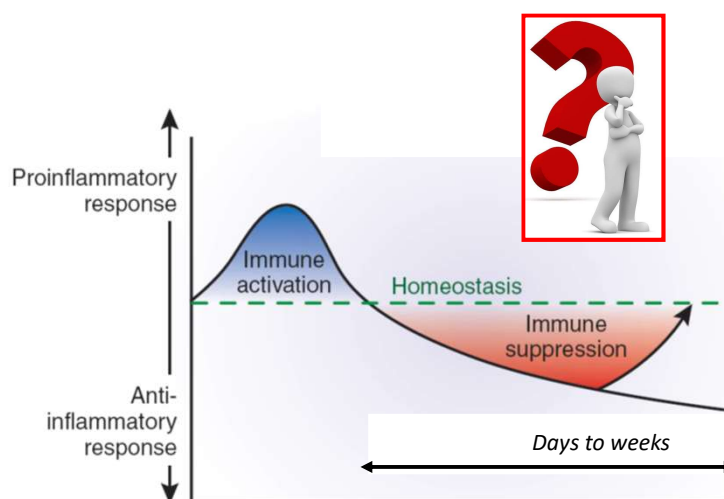
## Pro- / anti-inflammatory balance in septic shock



nature  
REVIEWS IMMUNOLOGY

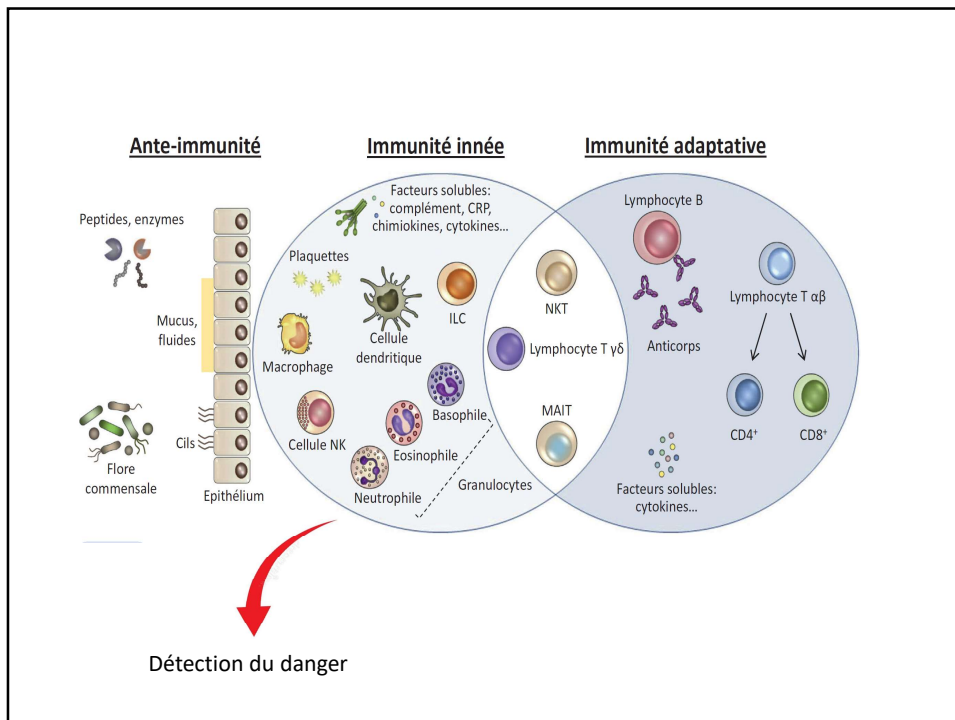
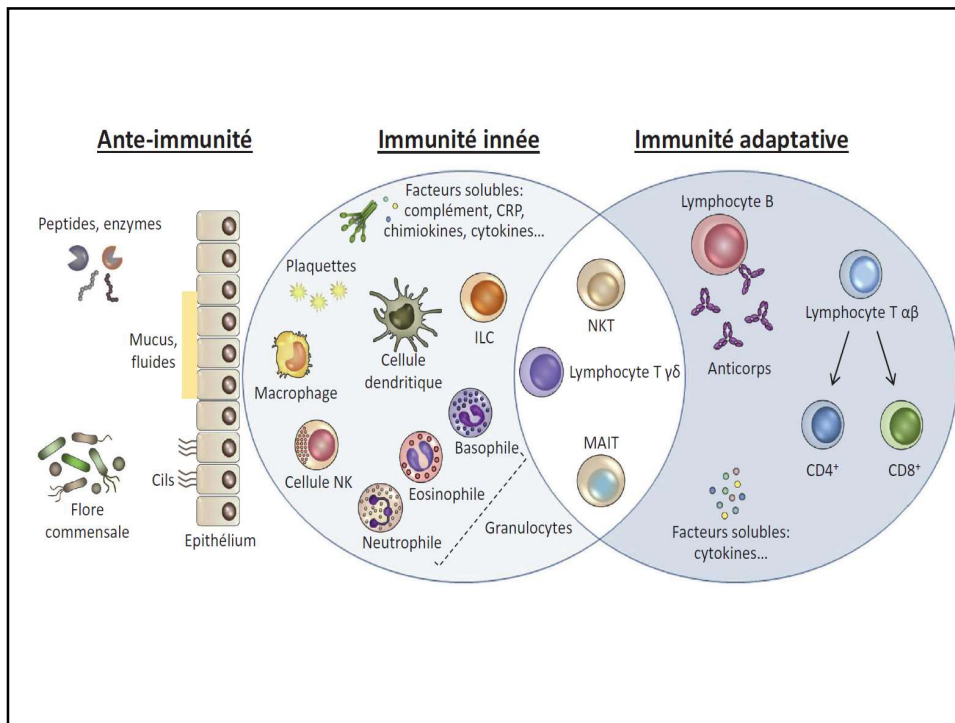
Hotchkiss, Monneret & Payen, 2013

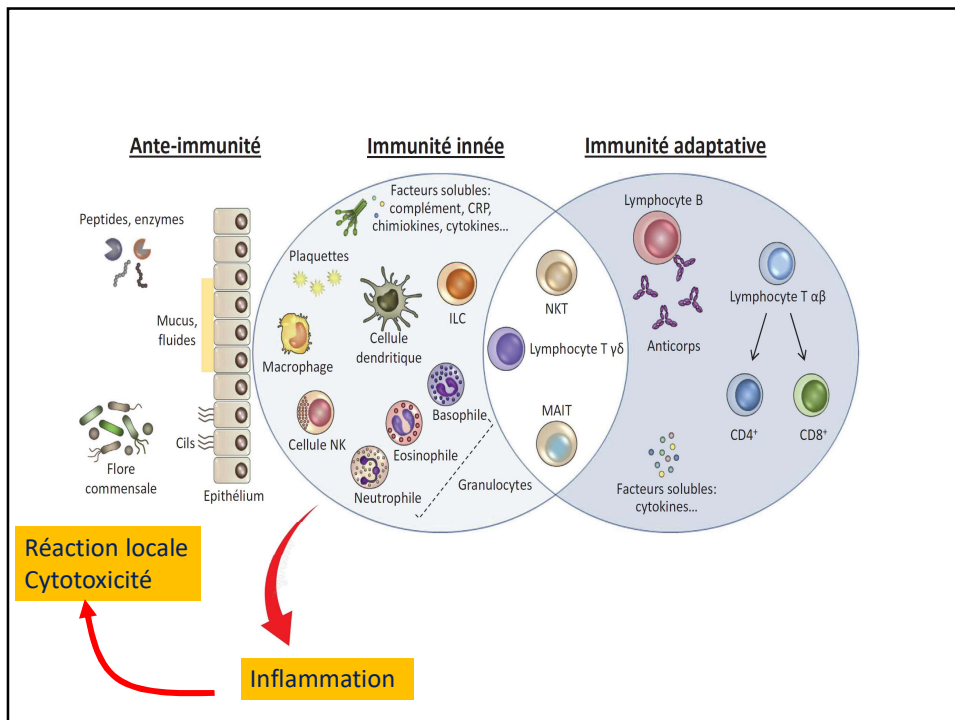
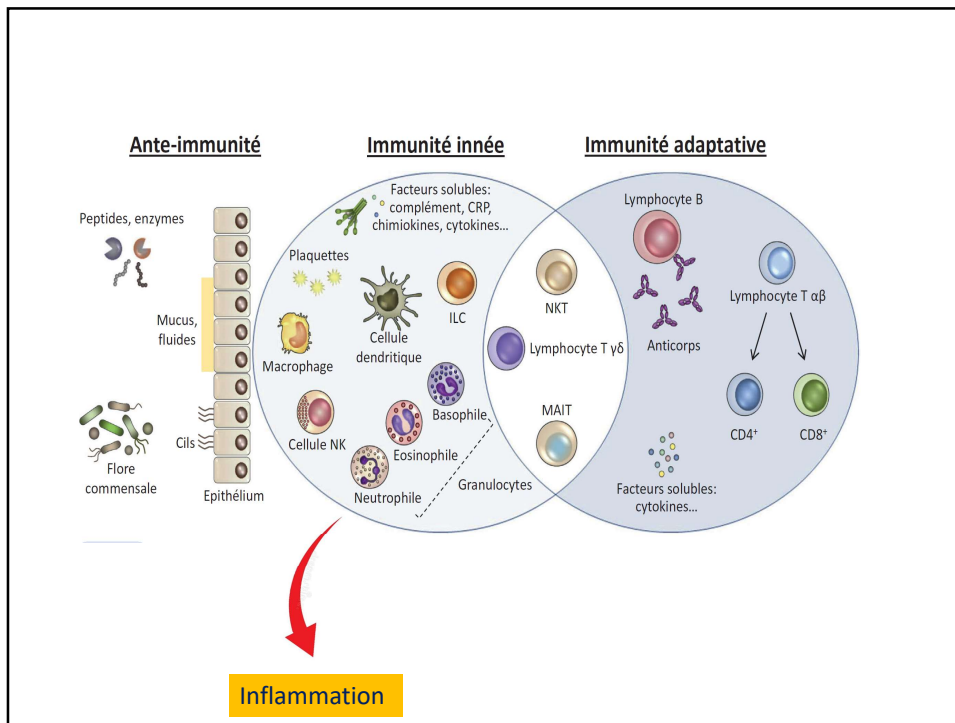
## From exacerbated inflammation to immunosuppression in severely injured patients

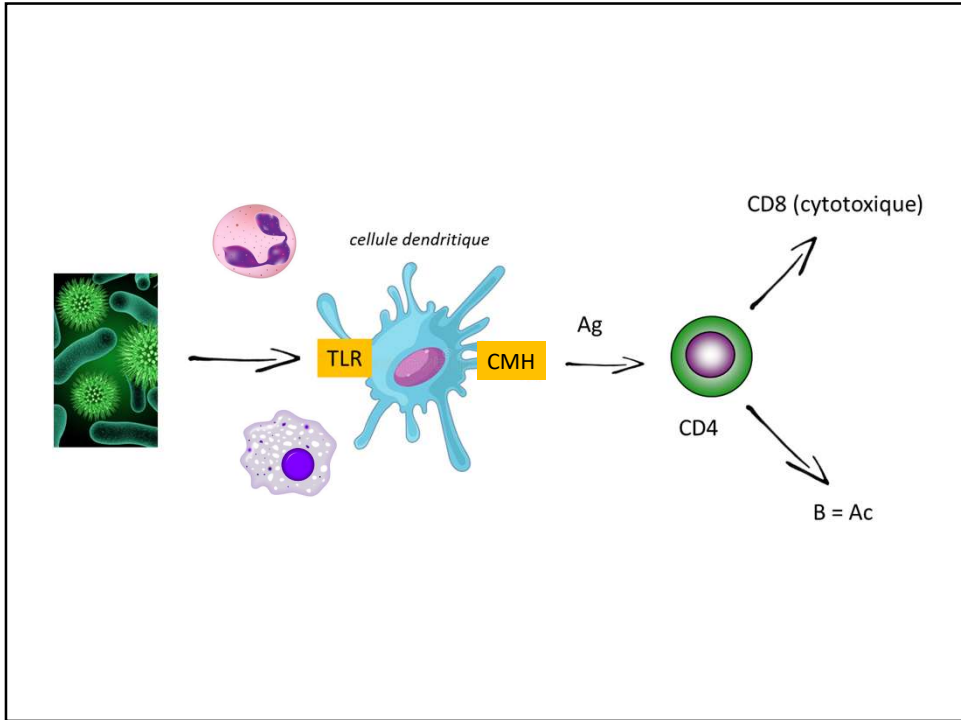
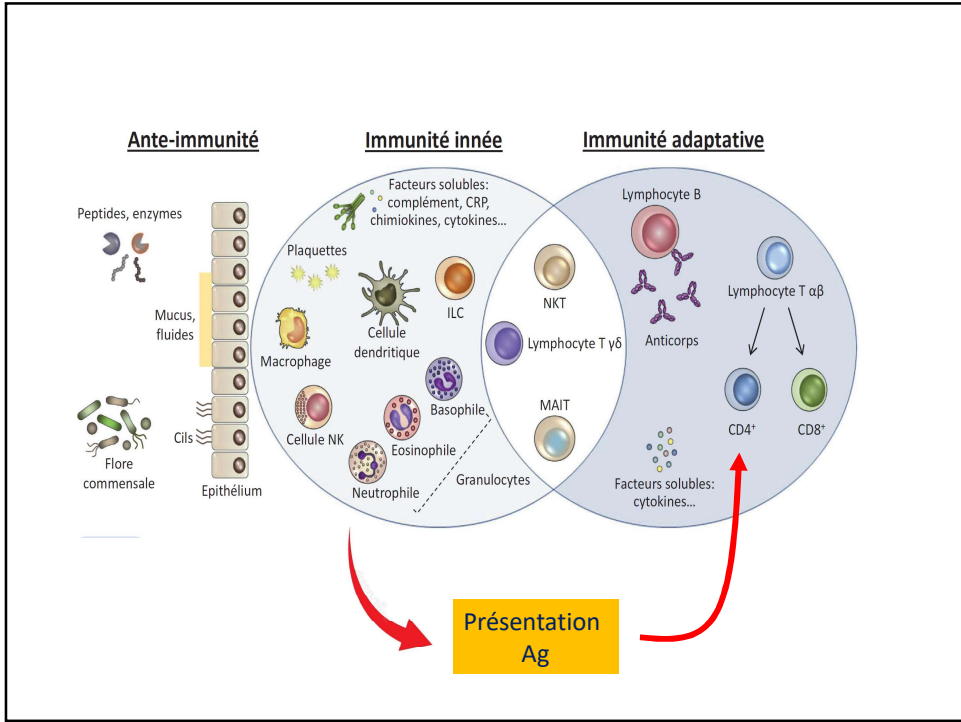


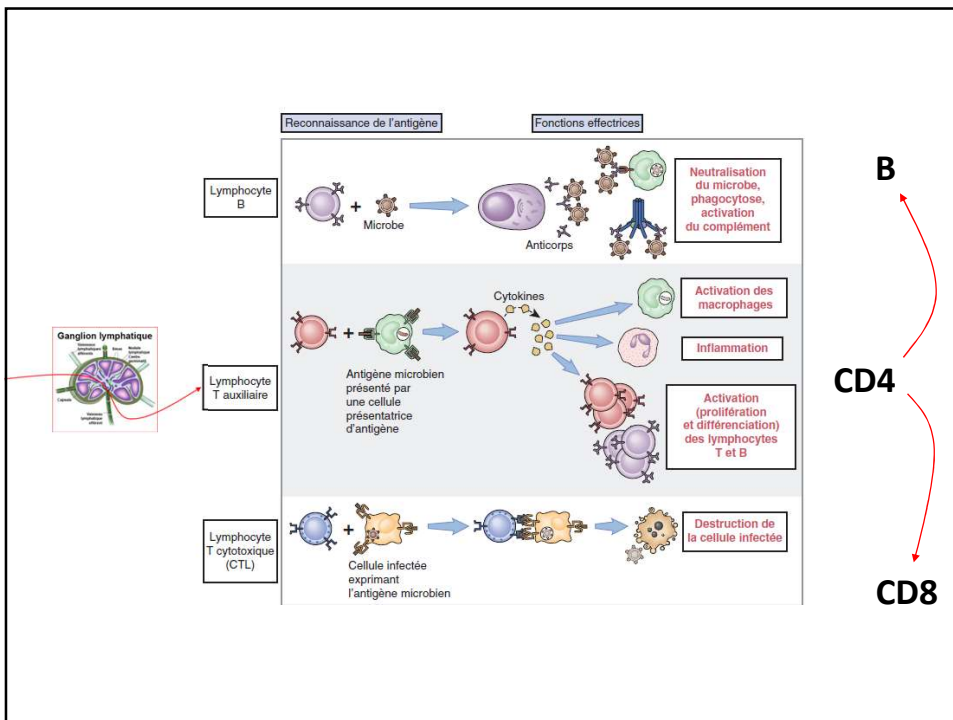
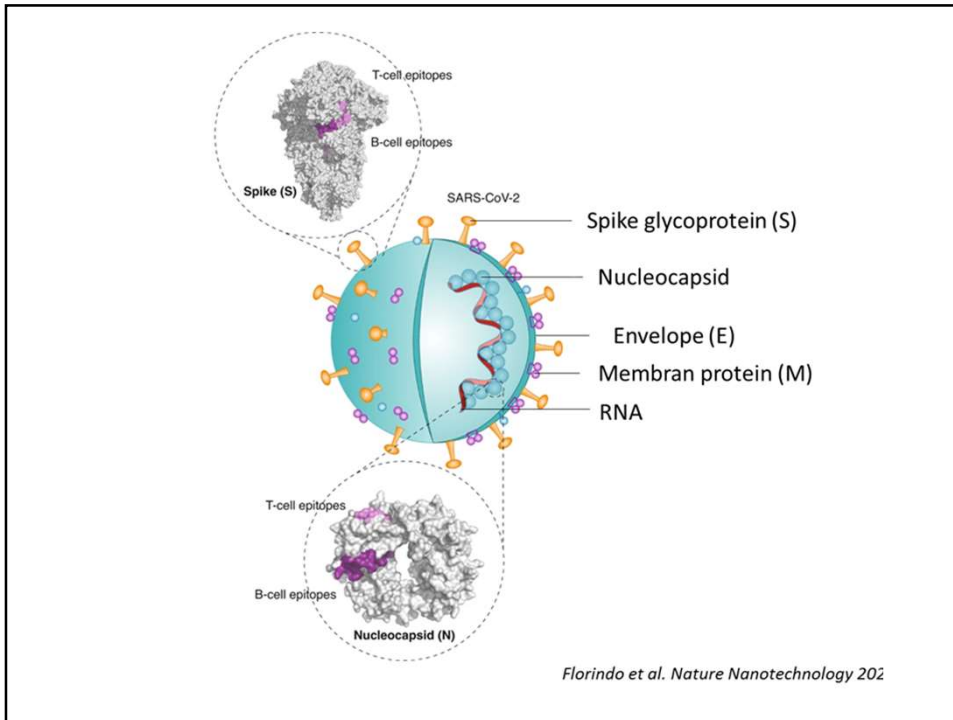
nature  
medicine

Hotchkiss et al., 2009







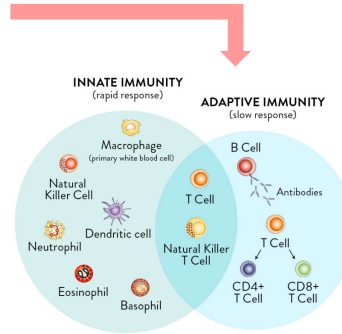


## Main mechanisms sustaining immune dysfunctions in sepsis

**Table 1**

**Sepsis-induced immune dysfunctions: pathophysiology at a glance**

Mechanisms	Features of sepsis-induced immune alterations
Endotoxin tolerance	↓ pro-inflammatory cytokine production ↑ anti-inflammatory cytokine production
Apoptosis	↓ Ag presentation capacity ↓ cell number Cell anergy
Energetic failure	Apoptosis Mitochondrial dysfunction
Anti-inflammatory mediators	↓ activating co-receptor expressions ↑ inhibitory co-receptor expressions Cell anergy
Epigenetic regulation	Endotoxin tolerance ↓ pro-inflammatory gene expressions Cellular reprogramming
Central and endocrine Regulations	↓ pro-inflammatory cytokine production

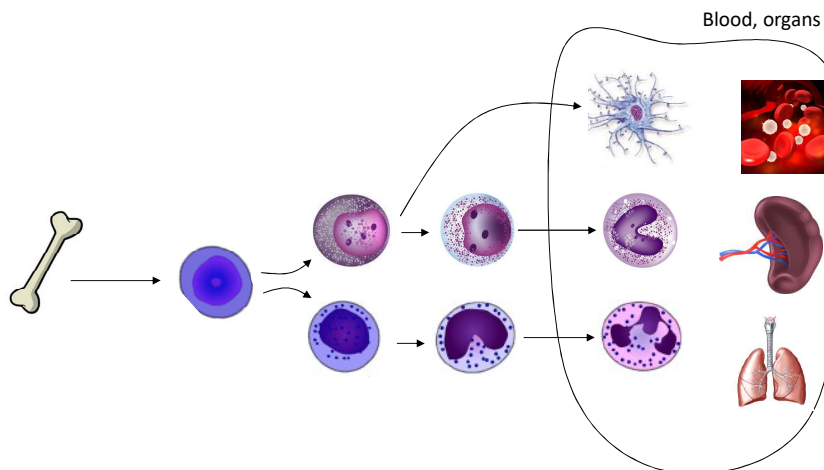


Are ICU injured patients really immunosuppressed ?

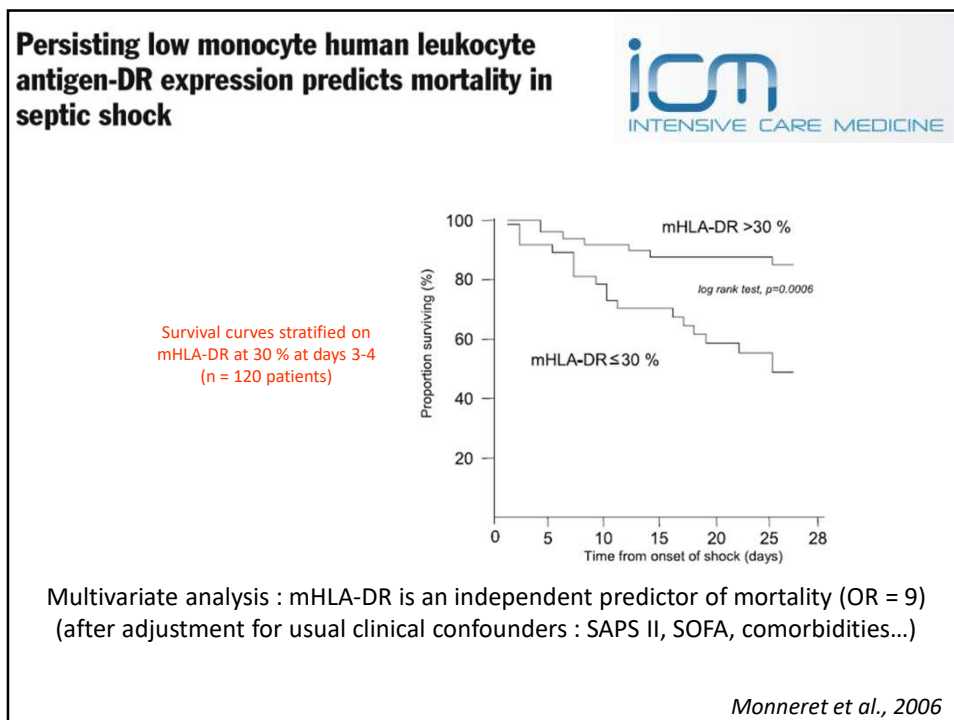
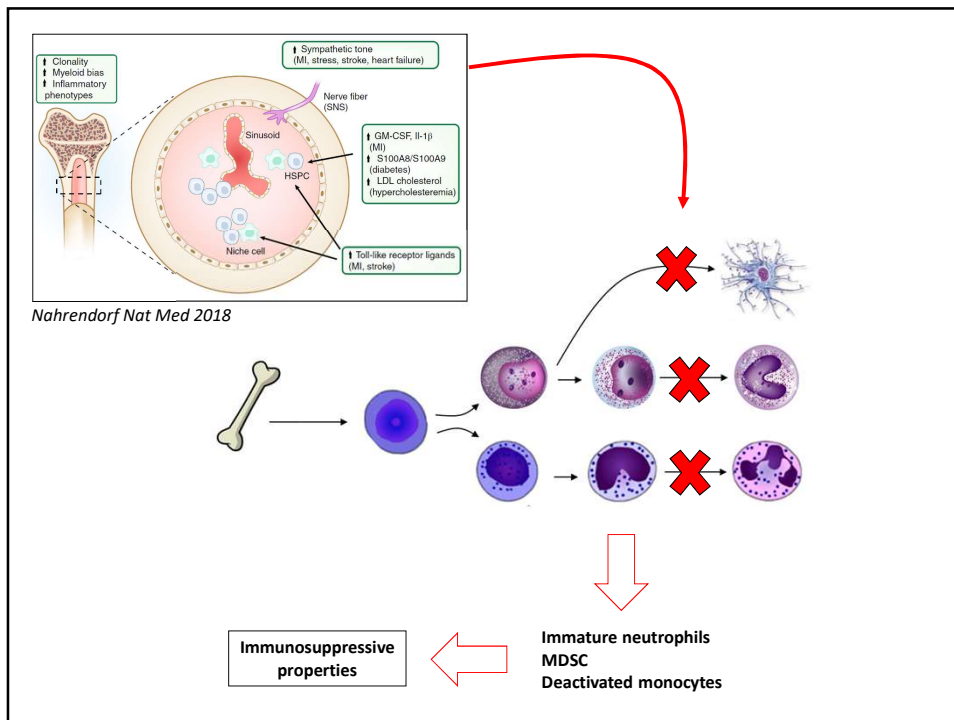
Current Opinion in Immunology Venet et al., 2013

ANNALS OF THE NEW YORK ACADEMY OF SCIENCES  
Special Issue: The Year in Immunology  
REVIEW

### Myeloid cells in sepsis-acquired immunodeficiency



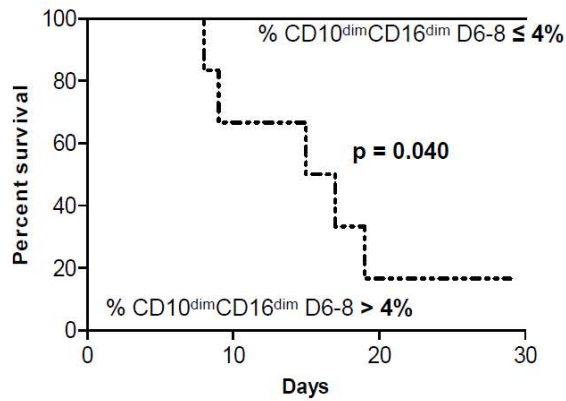
Venet et al., 2020



Marked alterations of neutrophil functions during sepsis-induced immunosuppression



At day 7, persistence of elevated % of immature neutrophils is associated with 28-day mortality



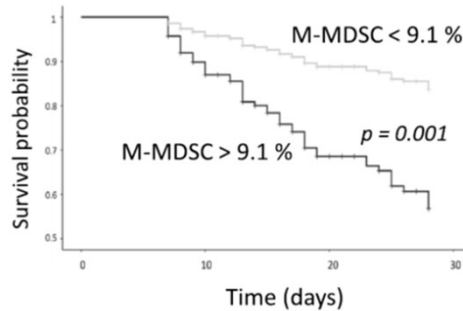
Demaret et al., 2015, J Leuko Biol

Delayed persistence of elevated monocytic MDSC associates with deleterious outcomes in septic shock: a retrospective cohort study



At day 7 (n = 301 septic shock)

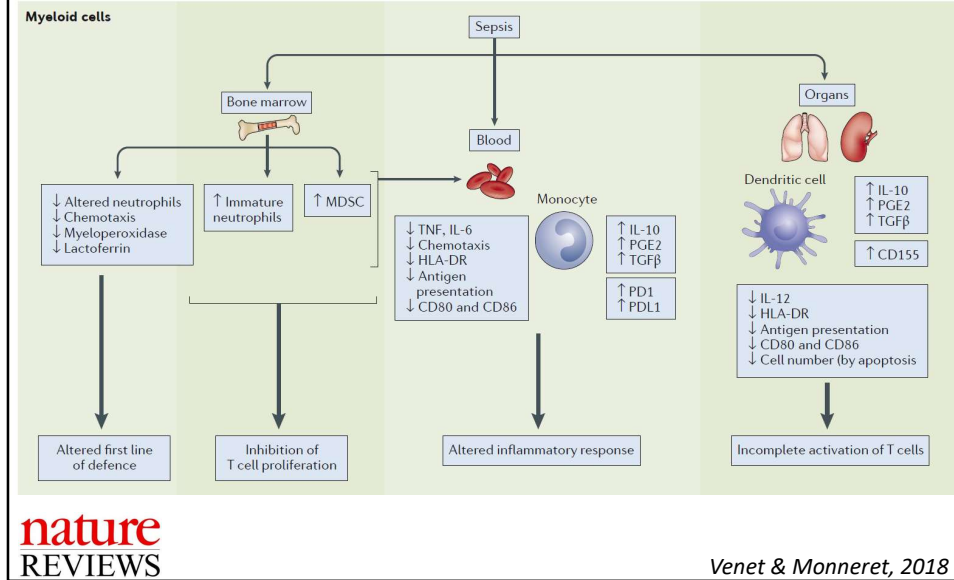
↑ MDSC = ↑ infections ↑ mortality



Waeckel et al., 2021



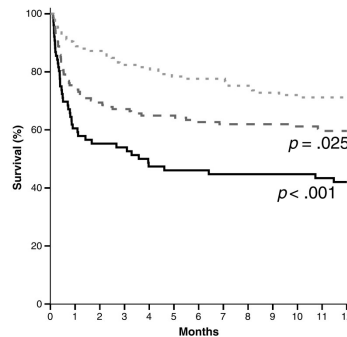
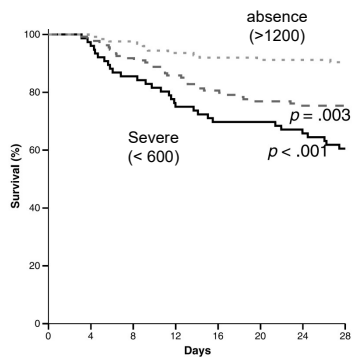
## Myeloid cells (summary)



### PERSISTENT LYMPHOPENIA AFTER DIAGNOSIS OF SEPSIS PREDICTS MORTALITY

Anne M. Drewry,\* Navdeep Samra,<sup>†</sup> Lee P. Skrupky,<sup>‡</sup> Brian M. Fuller,<sup>\*§</sup> Stephanie M. Compton,\* and Richard S. Hotchkiss\*<sup>†</sup>

=> Day 4 total lymphocyte count



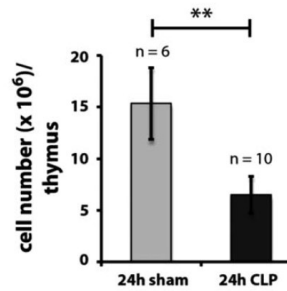
**SHOCK**, Vol. 42, No. 5, pp. 383-391, 2014

# Thymus

## APOPTOTIC DIMINUTION OF IMMATURE SINGLE AND DOUBLE POSITIVE THYMOCYTE SUBPOPULATIONS CONTRIBUTES TO THYMUS INVOLUTION DURING MURINE POLYMICROBIAL SEPSIS

Christoph Netzer,<sup>\*</sup> Tilo Knape,<sup>†</sup> Laura Kuchler,<sup>\*</sup> Andreas Weigert,<sup>\*</sup> Kai Zacharowski,<sup>‡</sup> Waltraud Pfeilschifter,<sup>§</sup> Gregory Sempowski,<sup>||</sup> Michael J. Parnham,<sup>†</sup> Bernhard Brüne,<sup>††</sup> and Andreas von Knethen<sup>†\*</sup>

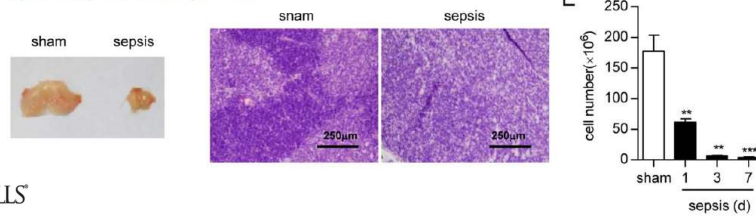
SHOCK, Vol. 48, No. 2, pp. 215–226, 2017



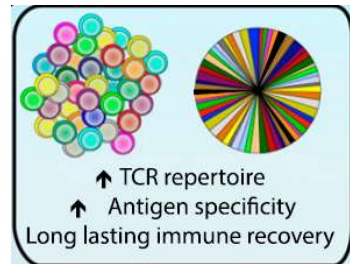
## Sepsis-Induced Thymic Atrophy Is Associated with Defects in Early Lymphopoiesis

STEM CELLS 2016;34:2902–2915

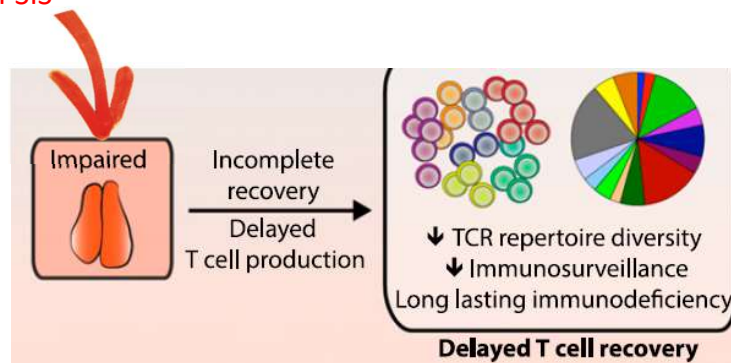
YAXIAN KONG,<sup>a,b</sup> YAJIE LI,<sup>a,b</sup> WEIMEI ZHANG,<sup>a,b</sup> SHAOXIN YUAN,<sup>a,b</sup> RENÉ WINKLER,<sup>c</sup> ULRIKE KRÖHNERT,<sup>c</sup> JUNYAN HAN,<sup>a,b</sup> TAO LIN,<sup>a,b</sup> YU ZHOU,<sup>d</sup> PENG MIAO,<sup>e</sup> BEIBEI WANG,<sup>a,b</sup> JIANPING ZHANG,<sup>a,b</sup> ZHENGYA YU,<sup>e</sup> YU ZHANG,<sup>d</sup> CHRISTIAN KOSAN,<sup>c</sup> HUI ZENG<sup>a,b</sup>



STEM CELLS



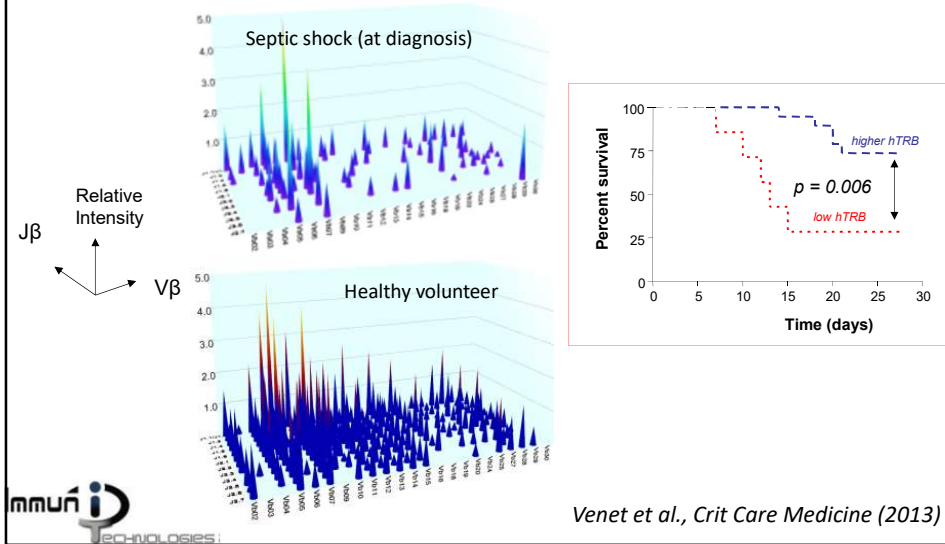
### SEPSIS



Adapted from Chaudhry HS, J Immunol 2017

Marked decreased TCR diversity independently of lymphopenia

(hTRB VJ combinatorial diversity assessed by qRT-PCR)



Venet et al., Crit Care Medicine (2013)

# Le Monde

MÉDECINE

Partage

## Le Nobel de médecine sacre la percée de l'immunothérapie du cancer

Le Japonais Tasuku Honjo et l'Américain James Allison ont été distingués par l'académie du Karolinska Institute pour leurs travaux sur la régulation de la réponse immunitaire, qui ont abouti à la mise au point de traitements antitumoraux à l'efficacité inédite.

Par Sandrine Cabut · Publié le 01 octobre 2018 à 19h08 · Mis à jour le 02 octobre 2018 à 09h23

🕒 Lecture 5 min.

🔒 Article réservé aux abonnés

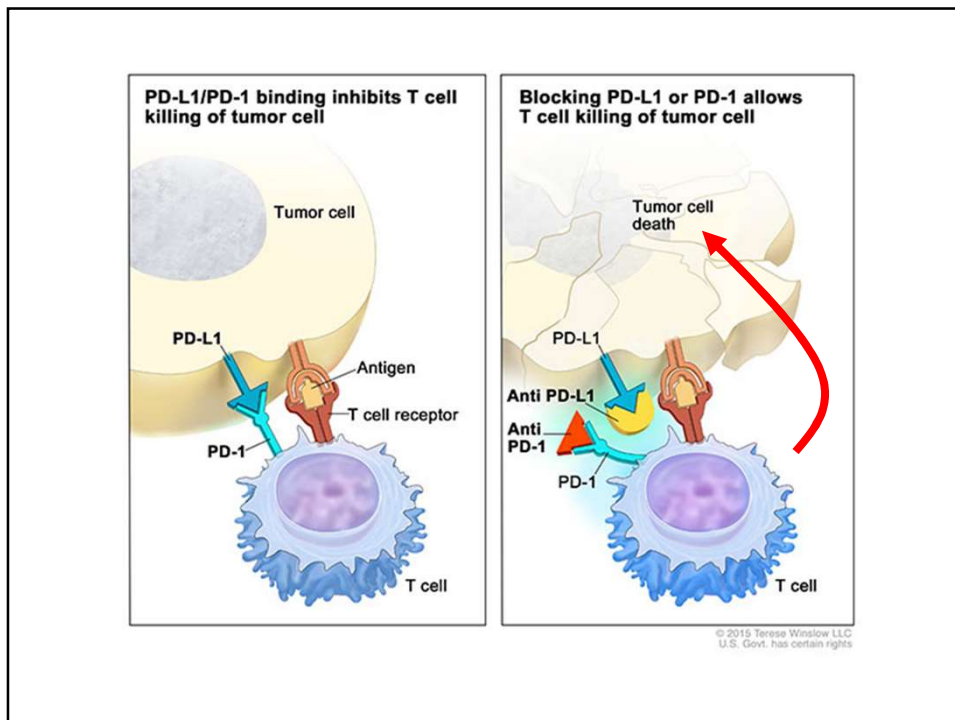
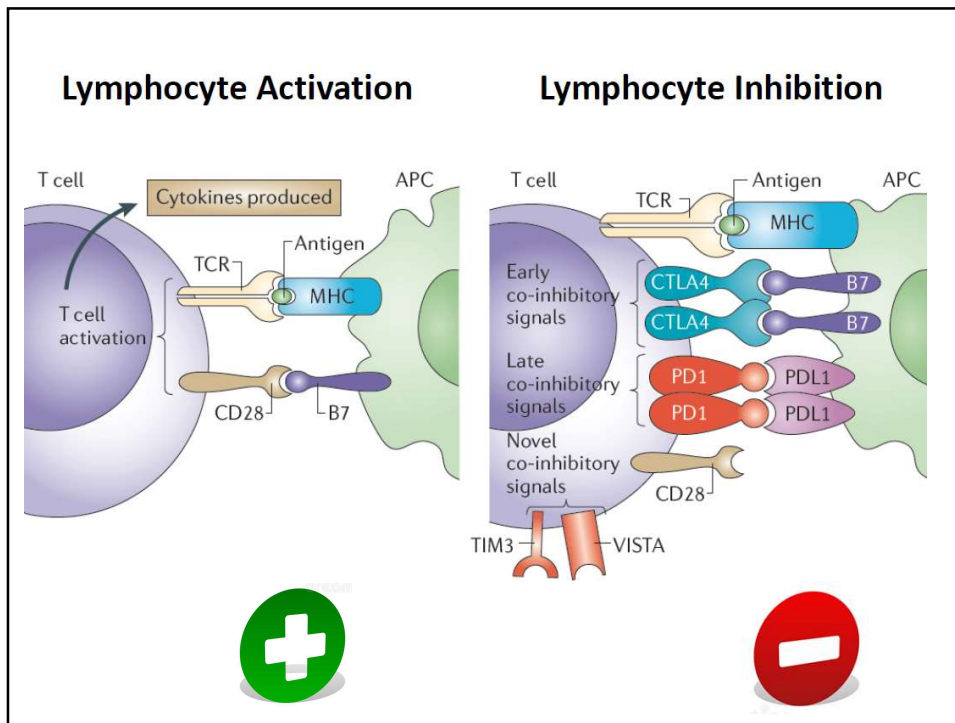
Honjo (PD-1)



Allison (CTLA-4)

Tasuku Honjo, à Kyoto et James Allison, à New-York, le 1er octobre. NOBUKI ITO /

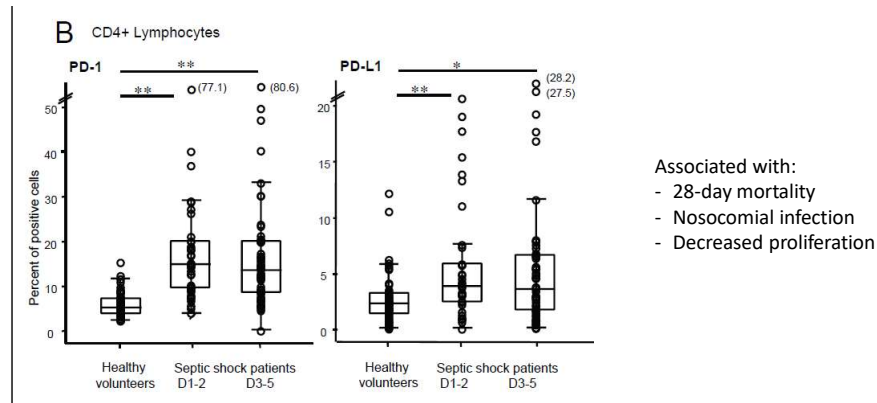
Oct 2018



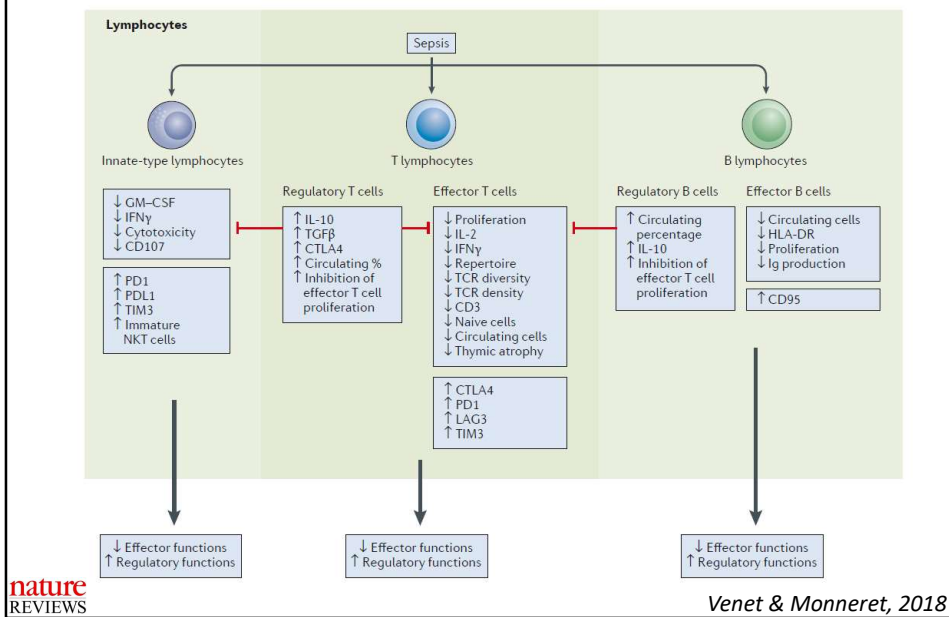
# Programmed death-1 levels correlate with increased mortality, nosocomial infection and immune dysfunctions in septic shock patients



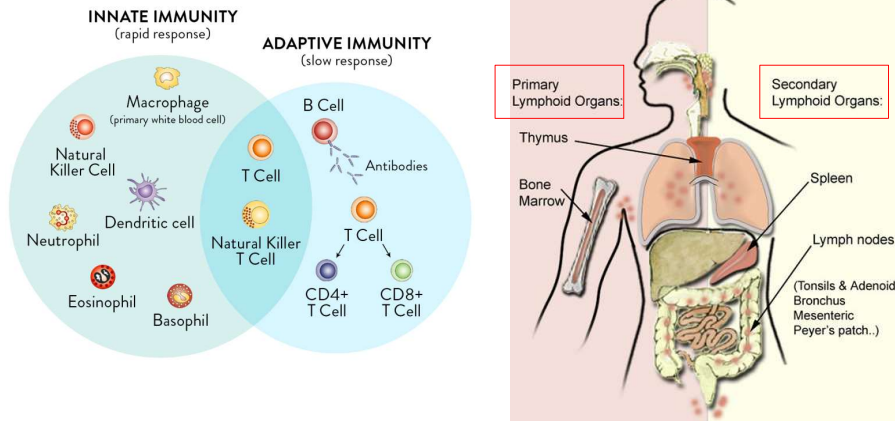
Caroline Guignant<sup>1</sup>, Alain Lepape<sup>2</sup>, Xin Huang<sup>3</sup>, Hakim Kherouf<sup>1</sup>, Laure Denis<sup>4</sup>, Françoise Poitevin<sup>1</sup>, Christophe Malcus<sup>1</sup>, Aurélie Chéron<sup>5</sup>, Bernard Allaouchiche<sup>6</sup>, François Gueyffier<sup>6</sup>, Alfred Ayala<sup>3</sup>, Guillaume Monneret<sup>1\*</sup> and Fabienne Venet<sup>1\*</sup>



## Lymphoid cells (summary)



# Summary



# Summary



## Immunodépression dans le sepsis principales caractéristiques

### Immunité innée

- Neutrophiles immatures & MDSC = ↑
- % Monocyte désactivés = ↑
- Capacité présentation Ag : ↓

### Immunité adaptative

- Lymphopénie
- Molécules inhibitrices PD-1 = ↑
- Répertoire Lymphocytaire : ↓

Soins courants  
Immuno - HCL

## Conséquences de l'immunodépression

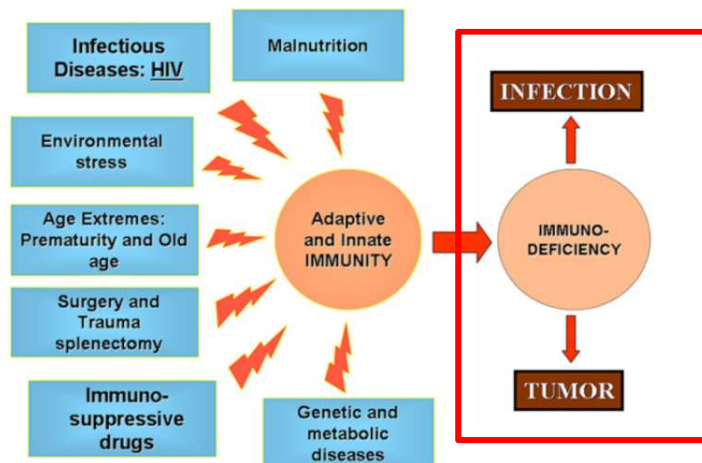


FIG 1. Extrinsic factors leading to defects of immune function.

Chinen and Shearer, *J Allergy Clin Immunol* 2010

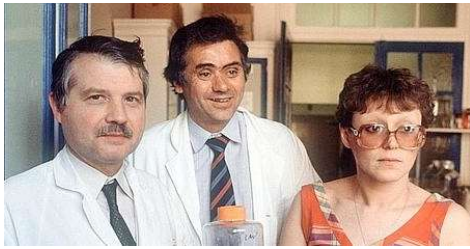


# Virus de l'Immuno-déficience Humaine

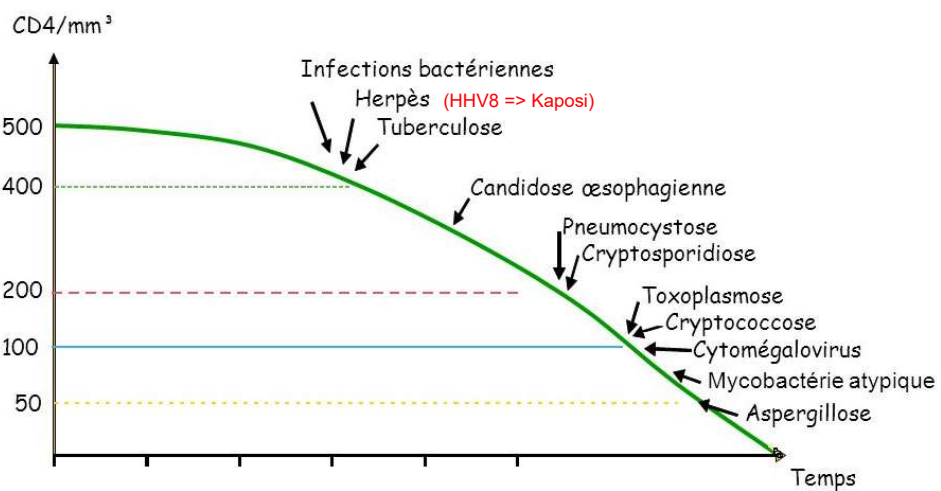
## DECOUVERTE

Juin 1981, à Los Angeles et New York:

Epidémie de 1er cas d'infections opportunistes + sarcomes de Kaposi = SIDA



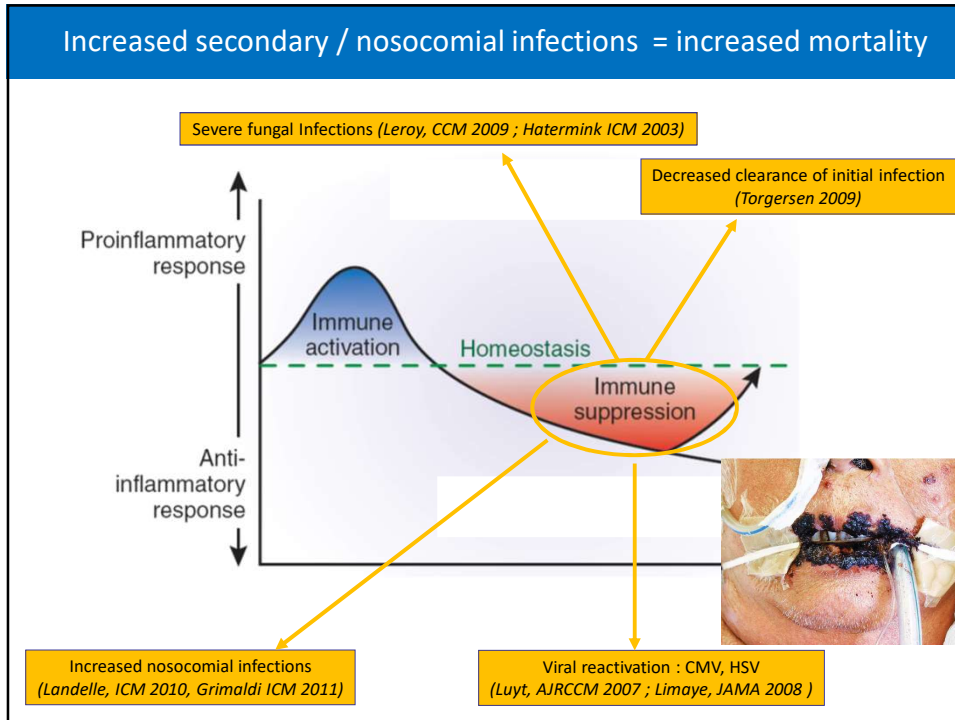
Survenue des complications infectieuses au cours du SIDA en fonction de la chute progressive du nombre de lymphocytes CD4 au cours du temps



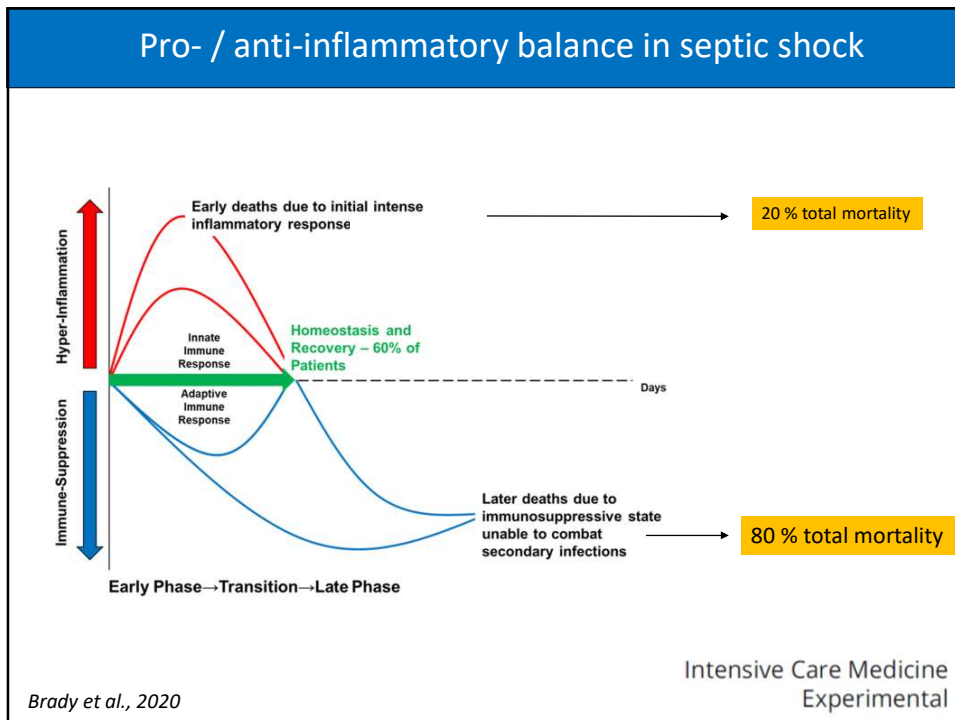
Girard et al., Doin SIDA 1996



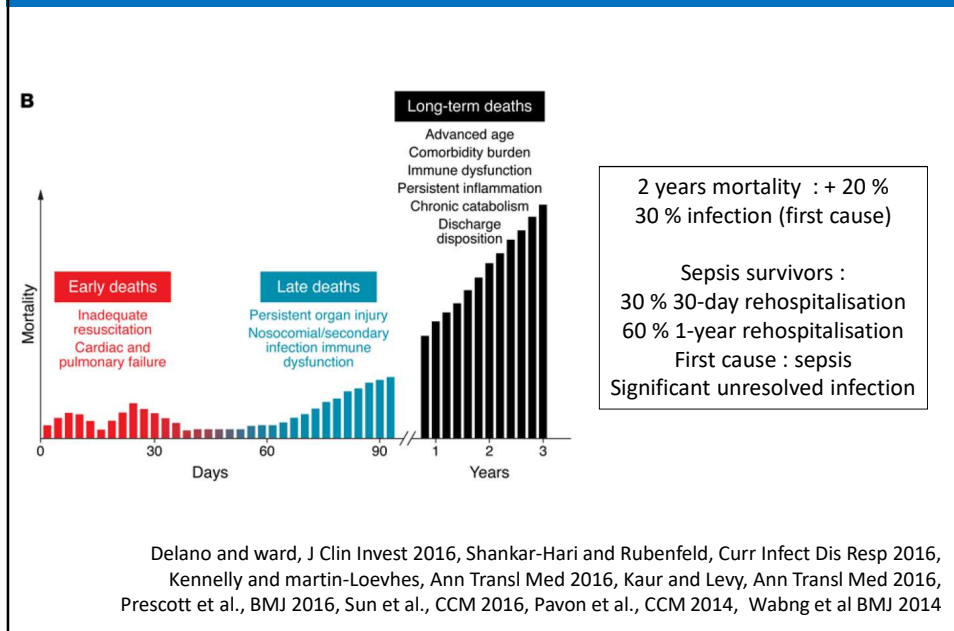
## Increased secondary / nosocomial infections = increased mortality



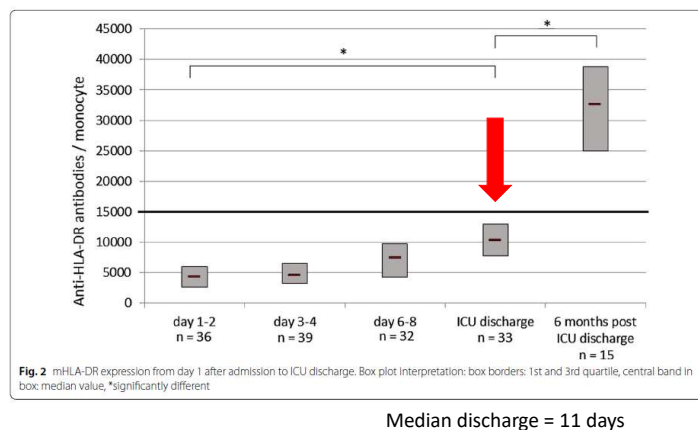
## Pro- / anti-inflammatory balance in septic shock



## Persistent immunosuppression could be associated with late mortality (years)?

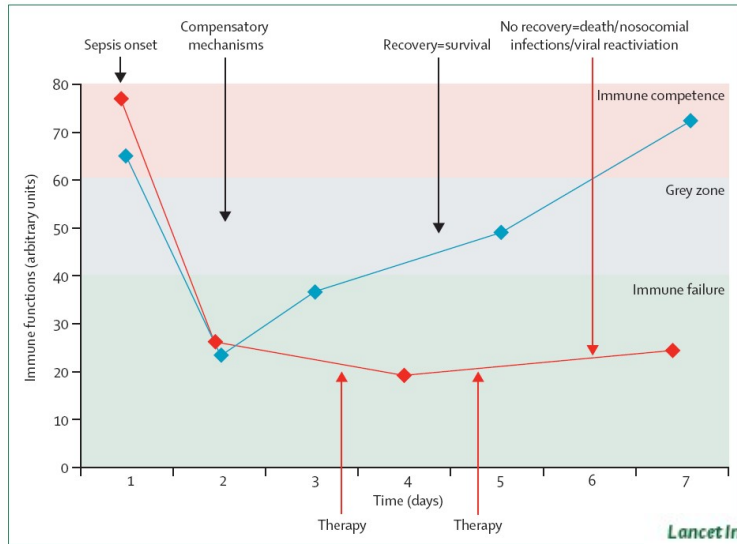


## Assessment of sepsis-induced immunosuppression at ICU discharge and 6 months after ICU discharge



# Immunosuppression in sepsis: a novel understanding of the disorder and a new therapeutic approach

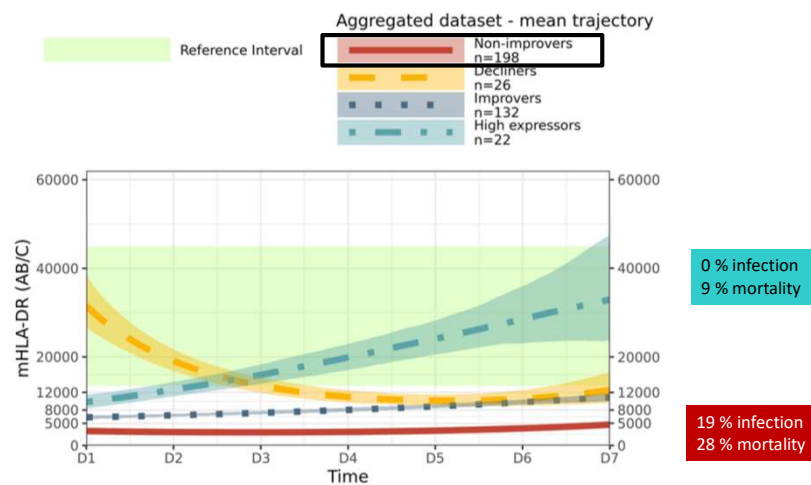
Richard S Hotchkiss, Guillaume Monneret, Didier Paven



Lancet Infect Dis 2013; 13: 260-68

# Monocyte Trajectories Endotypes Are Associated With Worsening in Septic Patients

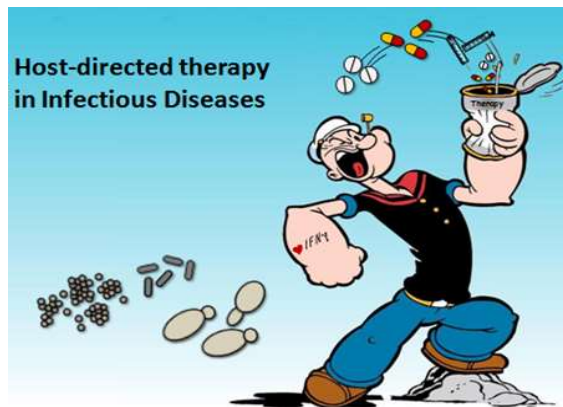
frontiers in Immunology



n = 378 ICU patients

Bodinier et al., 2021

## II. Immunothérapie des infection sévères

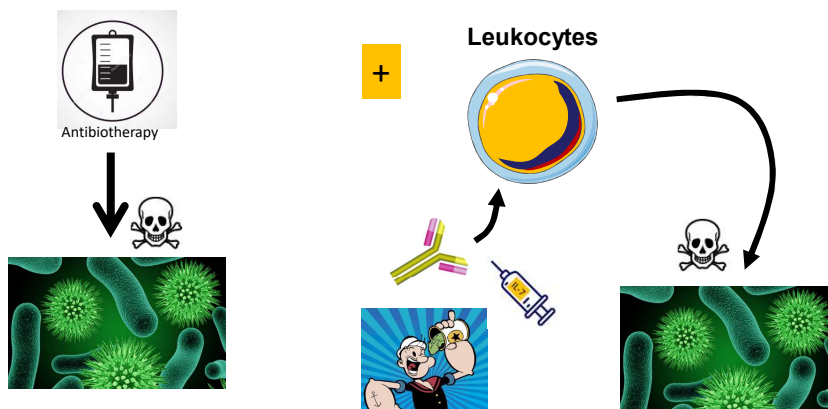


### Principles of immunotherapy in sepsis

**Historical Concept :**  
Targeting germs

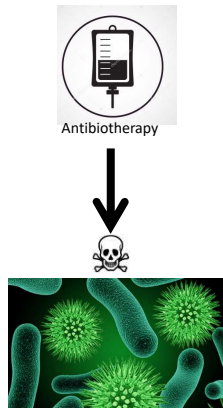
**New Concept:**  
Targeting Immune Cells

rejuvenate / stimulate immune cells



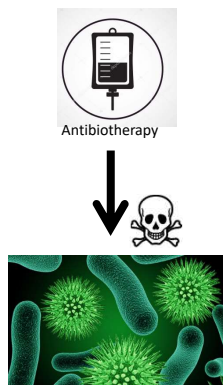
## Principles of immunotherapy in sepsis

### Historical Concept : Targeting germs



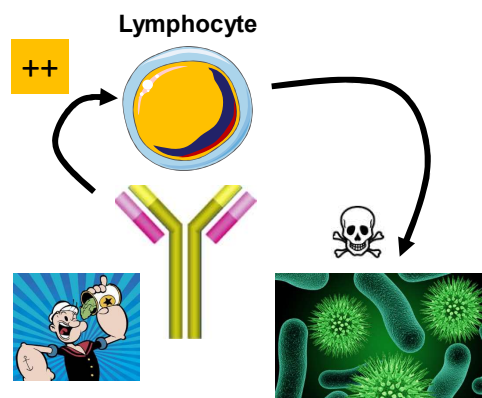
## Principles of immunotherapy in sepsis

### Historical Concept : Targeting germs



### New Concept: Targeting Immune Cells

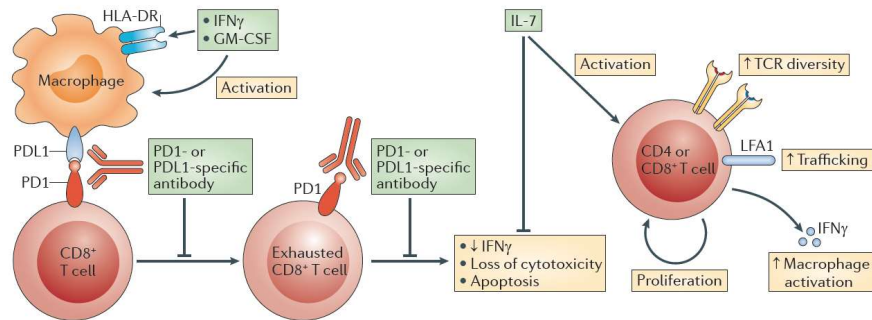
Rejuvenate / stimulate immune cells



## Immunotherapy in sepsis (as in cancer)

### Sepsis-induced immunosuppression: from cellular dysfunctions to immunotherapy

Richard S. Hotchkiss<sup>1</sup>, Guillaume Monneret<sup>2</sup> and Didier Payen<sup>3</sup>



nature  
REVIEWS IMMUNOLOGY 2013

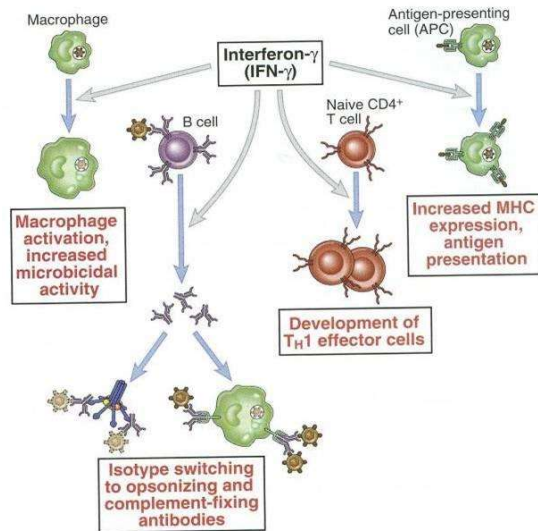
#### Compelling preclinical results in sepsis:

- Improves bacterial clearance and mortality in mice  
(Hotchkiss et al., 2008, 2011, 2013, 2015)
- Restores immune functions ex-vivo in human cells  
(Venet et al., 2012, 2017)

#### Non randomized trials and case reports (successful):

- Docke et al., *Nature Med* 1997 *IFN $\gamma$*
- Nakos et al., *CCM* 2002 (nosocomial infections in trauma) *IFN $\gamma$*
- Luckasewicz et al., *CCM* 2009 (nosocomial) *IFN $\gamma$*
- Schefold et al., *AJRCCM* 2009 (septic shock) *GM-CSF*
- Hall et al., *Intensive Care Med* (pediatric MOF) *GM-CSF*
- Delsing et al., *BMC Infectious Diseases* 2014 (fungal infections) *IFN $\gamma$*
- Nalos et al., *AJRCCM* 2012 (staph sepsis) *IFN $\gamma$*
- Mezidi et al., *Minerva Anesth* 2014 (fungal infection) *IFN $\gamma$*

# 1. INTERFERON - $\gamma$ (IMUKIN)



Abbas et al: Cellular and Molecular Immunology, 7e.  
Copyright © 2012, 2007, 2005, 2003, 2000, 1997, 1994, 1991 by Saunders, an imprint of Elsevier Inc.

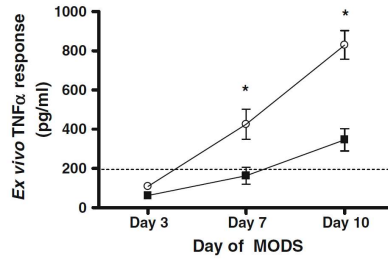
## Docke WD et al. Nat Med. 1997;3:678-81 Monocyte deactivation in septic patients: restoration by IFN-gamma treatment



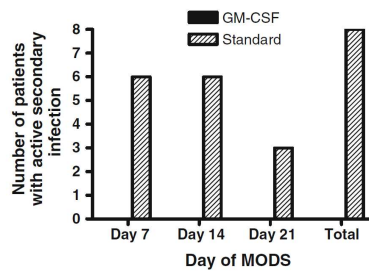
nature  
medicine

Mark W. Hall  
 Nina L. Knatz  
 Carol Vetterly  
 Steven Tomarello  
 Mark D. Wewers  
 Hans Dieter Volk  
 Joseph A. Carcillo

### Immunoparalysis and nosocomial infection in children with multiple organ dysfunction syndrome



Absence of nosocomial Infections on GM-CSF



Intensive Care Med (2011) 37:525–532

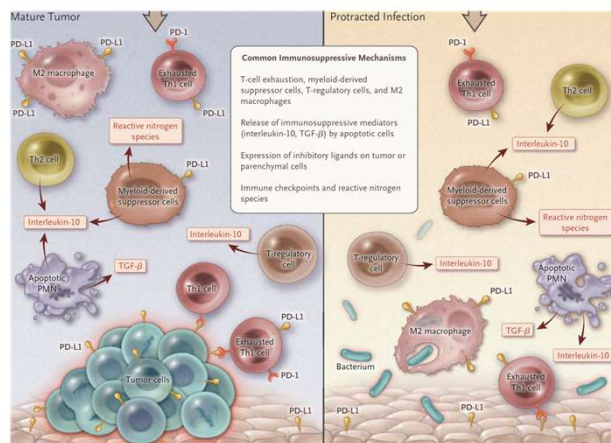
## 2. Anti-PD-(L)1



CLINICAL IMPLICATIONS OF BASIC RESEARCH

### Parallels between Cancer and Infectious Disease

Richard S. Hotchkiss, M.D., and Lyle L. Moldawer, Ph.D.



2016



# Le Monde

MÉDECINE

Partage

## Le Nobel de médecine sacre la percée de l'immunothérapie du cancer

Le Japonais Tasuku Honjo et l'Américain James Allison ont été distingués par l'académie du Karolinska Institute pour leurs travaux sur la régulation de la réponse immunitaire, qui ont abouti à la mise au point de traitements antitumoraux à l'efficacité inédite.

Par Sandrine Cabut · Publié le 01 octobre 2018 à 19h08 · Mis à jour le 02 octobre 2018 à 09h23

🕒 Lecture 5 min.

🔒 Article réservé aux abonnés



Honjo (PD-1)

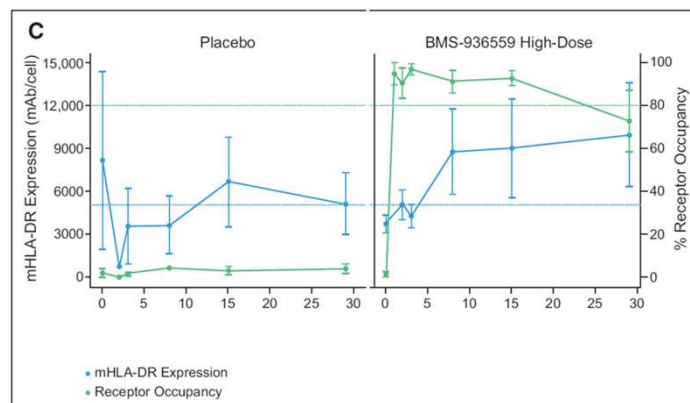
Allison (CTLA-4)

Tasuku Honjo, à Kyoto et James Allison, à New-York, le 1er octobre. NOBUKI ITO /

Oct 2018

### Immune Checkpoint Inhibition in Sepsis: A Phase 1b Randomized, Placebo-Controlled, Single Ascending Dose Study of Antiprogrammed Cell Death-Ligand 1 Antibody (BMS-936559)\*

Critical Care Medicine®



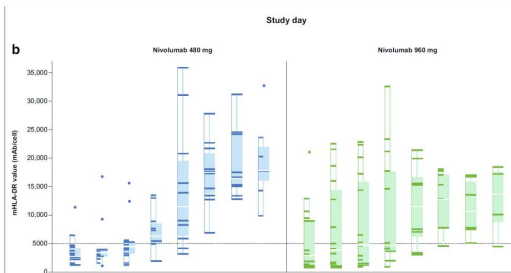
Phase 1b, prospective, randomized, double-blind, placebo-controlled, dose escalation, multicenter study  
Septic patients + immunosuppression (ALC < 1.1 G/L)  
20 anti-PDL1 + 4 Placebo

Hotchkiss et al., 2019

Immune checkpoint inhibition in sepsis: a Phase 1b randomized study to evaluate the safety, tolerability, pharmacokinetics, and pharmacodynamics of nivolumab

Take-home message

There were no safety concerns reported with nivolumab in an ICU-bound sepsis population at high risk for mortality and no indication of a 'cytokine storm'; findings were consistent with those of the anti-PD-L1, BMS-936559, in participants with sepsis-induced immunosuppression. Further efficacy and safety studies are needed to assess the potential of checkpoint inhibitors as a treatment for sepsis.

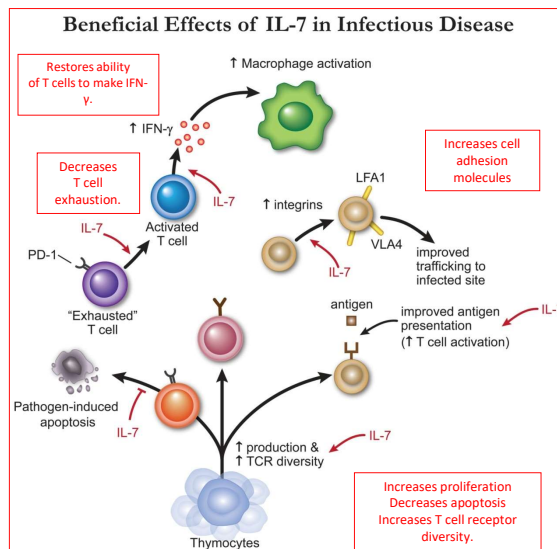


Hotchkiss et al.

3. IL-7

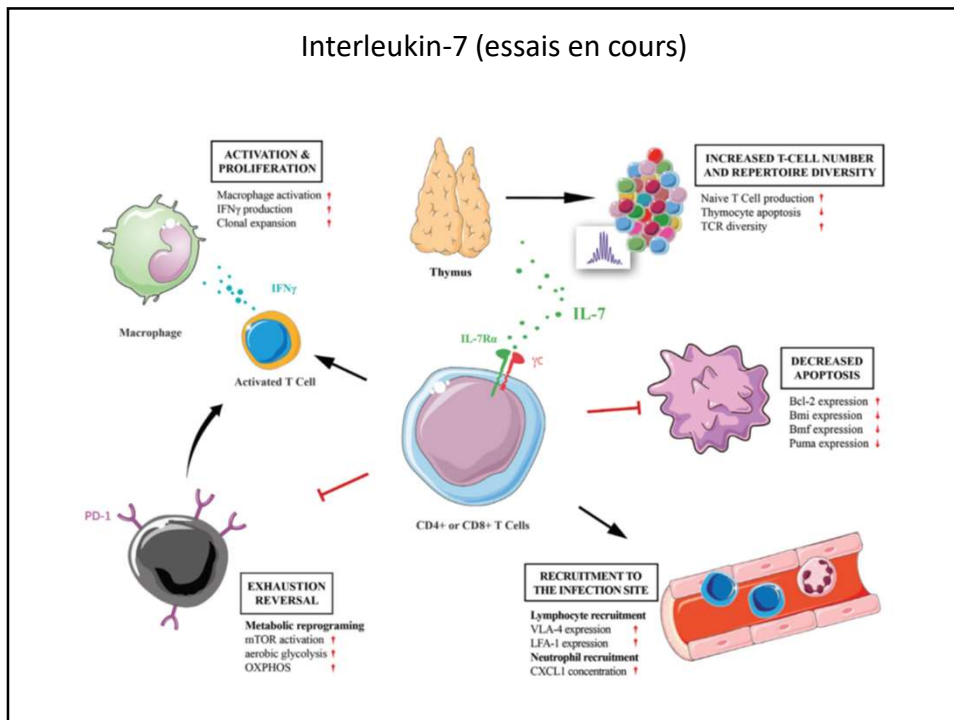
IL-7 acts at multiple levels to improve functionality of CD4 and CD8 T cells and secondarily adaptive immunity.

IL-7 offers a new approach to infectious disease.



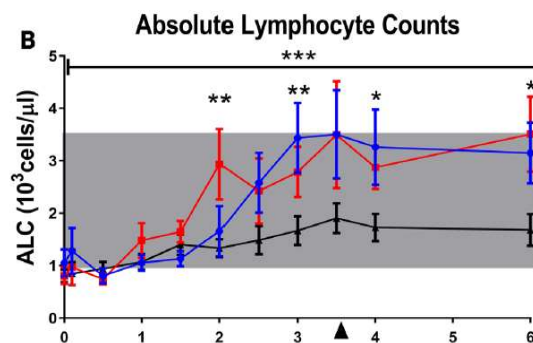
Trends in Molecular Medicine, April 2014, Vol. 20, No. 4

## Interleukin-7 (essais en cours)



## Interleukin-7 restores lymphocytes in septic shock: the IRIS-7 randomized clinical trial

JCI INSIGHT



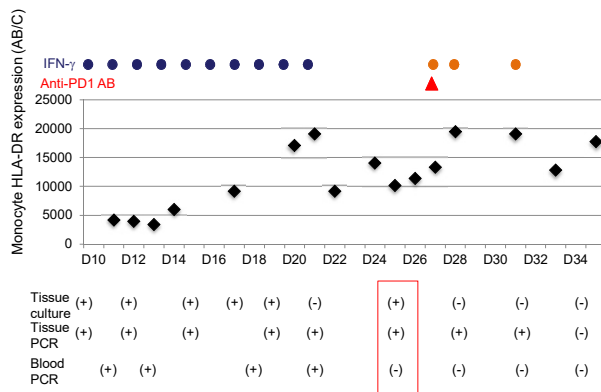
▲ Placebo (n=10) ■ CYT107 Low (n=8) ◆ CYT107 High (n=9)  
▲ End of Treatment

François et al., 2018

## Examples from our routine practice

### Nivolumab and Interferon- $\gamma$ rescue therapy to control invasive mucormycosis after necrotising fasciitis and septic shock

Immumonitoring showed severe lymphopenia and very low mHLA-DR expression  
=> severe immunosuppression





### Nivolumab plus interferon-γ in the treatment of intractable mucormycosis

Acquired immunosuppression is an important complication of major trauma and might contribute to the development of severe fungal infections in these patients. Here, we describe a patient with extensive abdominal mucormycosis unresponsive to conventional therapy who was treated successfully with immunostimulating drugs. A previously healthy 30-year-old woman sustained pelvic and femur fractures, extensive soft-tissue abdominal and pelvic damage, pulmonary contusion, and second-degree burns in the terrorist bombing in Brussels in March, 2016. The patient's early hospital course was complicated by sepsis, femur osteomyelitis, and deep wound infections with multi-drug-resistant Enterobacteriaceae. On day 15 after admission to the intensive care unit, results of CT analysis showed gastric and splenic necrosis (figure); gastric biopsy results available on day 18 revealed invasive mucormycosis, and treatment was started with liposomal amphotericin-B and posaconazole.



Figure: Abdominal CT scan. CT scan with contrast, showing a lack of enhancement of splenic parenchyma (S), gas in the splenic parenchyma (arrowheads), and gastric intramural gas (arrows).

On day 22, gastrectomy and splenectomy were done; pathology showed invasive mucormycosis in the stomach and spleen with extension into peritoneal and vascular structures, but additional debridement was not feasible. Because of the poor prognosis and immunosuppression, as shown by a low absolute lymphocyte count, low monocyte HLA-DR expression, and increased expression of programmed death-1 (PD-1) on T-cells (appendix), immunoadjuvant therapy with interferon-γ (Immunikine, Boehringer, Brussels, Belgium; 100 μg three times weekly for five doses) was started on day 28, followed by a single 250 mg dose of nivolumab (Opdivo, BMS, Braine l'Alleud, Belgium) on day 30. Subsequent immunological examinations showed increases in absolute lymphocyte count, monocyte HLA-DR expression, and CD8 T-cells, and decreased T-cell PD-1 expression (appendix). The patient improved slowly, and repeat CT scans showed no residual infection. The patient was discharged from the intensive care unit 80 days after admission.

This patient, with well documented fungal sepsis, showed typical features of post-aggression immunosuppression involving defective innate and adaptive immunity.<sup>1,2</sup> Interferon-γ and the anti-PD-1 monoclonal antibody nivolumab reversed these defects. Interferon-γ restores monocyte function and has been used as rescue therapy for life-threatening fungal infections in patients not responding to conventional treatment.<sup>3,4</sup> Nivolumab binds to PD-1, blocks interaction with its ligands, PD-L1 and PD-L2, and releases PD-1 pathway-mediated inhibition of T-cell proliferation and cytokine production. Anti-PD-1 has shown activity in animal models of fungal sepsis and in patients with chronic hepatitis C virus infection.<sup>5</sup> A phase I clinical trial of nivolumab

in the treatment of severe sepsis is about to begin (NCT02360554).

Combination immunotherapy has been proposed as a possible advance in sepsis treatment.<sup>6</sup> To our knowledge, this is the first report showing efficacy of such an approach in a patient with life-threatening fungal infection unresponsive to conventional therapy.

ISH has research support funding from Bristol Myers Squibb, the maker of nivolumab, and is also doing clinical trials with anti-PD-1, an investigational drug made by Bristol Myers Squibb, in sepsis. All other authors declare no competing interests. The patient provided consent for publication of this letter.

David Grimaldi, Olivier Pradier, Richard S Hotchkiss, Jean-Louis Vincent  
jvincent@intensivecare.org

Department of Intensive Care, D6C, 101 and Hospital, Université Libre de Bruxelles, Brussels, Belgium, and Department of Anesthesiology and Critical Care Medicine, Washington University School of Medicine, St Louis, MO, USA (DSH)

1. Netzer MG, Joosten LA, van der Meer JF, Kullberg BJ, van de Vosse R, et al. Immune defence against Candida fungal infections. *Nat Rev Immunol* 2015; **15**: 636-42.
2. Kullberg BJ, van de Vosse R, Netzer MG. Immunotherapy: a potential adjuvant treatment for fungal infection. *Curr Opin Infect Dis* 2014; **27**: 511-16.
3. DeWing CG, Gerny M, Lomenigo J, et al. Interferon-gamma as adjuvant immunotherapy for invasive fungal infections: a case series. *BMC Infect Dis* 2014; **14**: 166.
4. Attanasio J, Wherry E. Costimulatory and coinhibitory receptor pathways in infectious disease. *Immunology* 2015; **144**: 1932-48.
5. Hotchkiss RS, Opal S. Immunotherapy for sepsis—a new approach begins an ancient foe. *N Engl J Med* 2010; **363**: 87-89.

Early ICU course  
Acute Lung Injury  
Osteomyelitis  
Deep wound infection  
MDR enterobacteria  
Mucormycosis (day 15)

Immunomonitoring (day 16)  
Low levels of mHLA-DR  
High levels of PD1 on T cells

Very poor prognosis  
+ immunosuppression

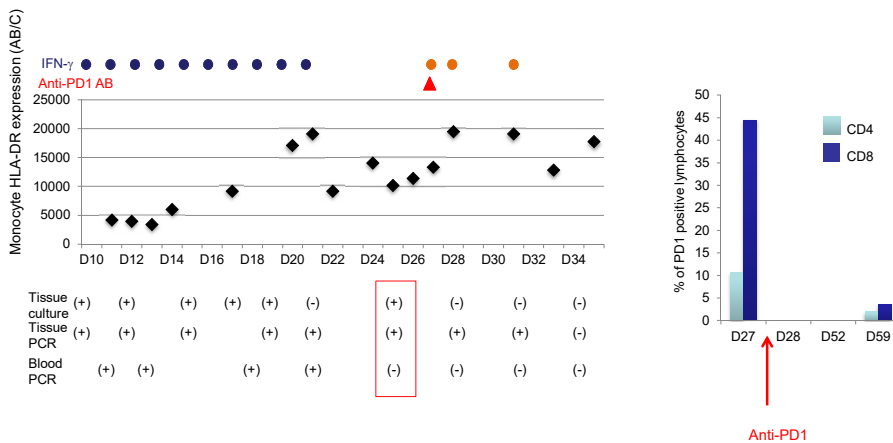


Immunkin (IFNγ)  
ivolumab (anti PD-1)

2017 THE LANCET Infectious Diseases

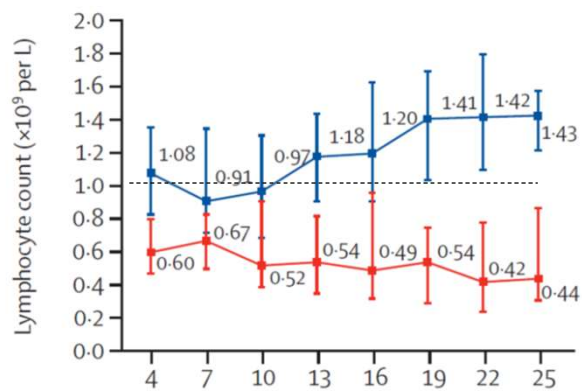
## Nivolumab and Interferon-γ rescue therapy to control invasive mucormycosis after necrotising fasciitis and septic shock

Immunomonitoring showed severe lymphopenia and very low mHLA-DR expression => severe immunosuppression



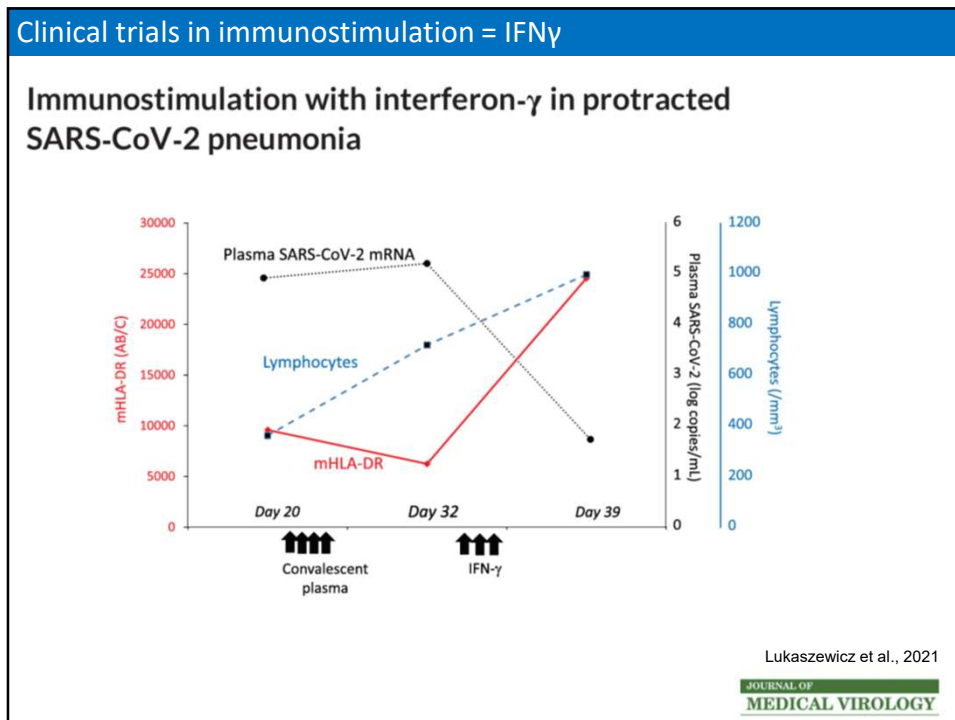
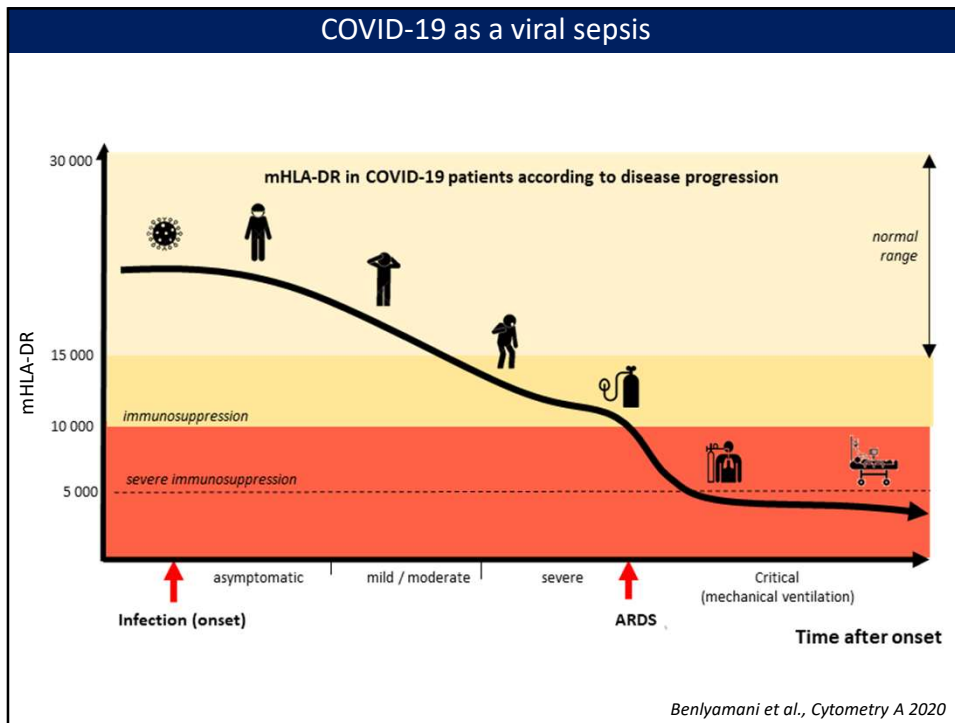
Recent examples from COVID-19 pandemic

Clinical course and risk factors for mortality of adult inpatients with COVID-19 in Wuhan, China: a retrospective cohort study



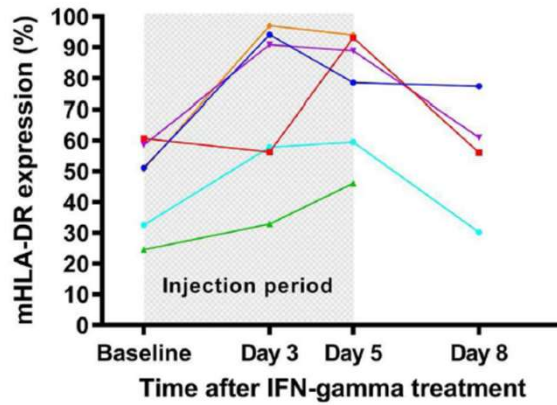
Zhou et al., 2020 (March)

THE LANCET



Potential role for interferon gamma in the treatment of recurrent ventilator-acquired pneumonia in patients with COVID-19: a hypothesis

Lee S. Nguyen<sup>1,2</sup>, Zakaria Alt Hamou<sup>1,5</sup>, Nabil Gastil<sup>3</sup>, Nicolas Chapuis<sup>4,5</sup> and Frédéric Pène<sup>1,5\*</sup>

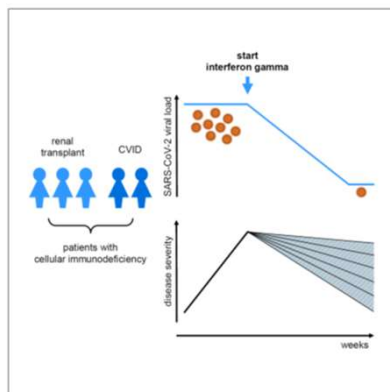


2021

Case Report

Interferon gamma immunotherapy in five critically ill COVID-19 patients with impaired cellular immunity: A case series

Van Larrhoven et al., 2021



Highlights

Five immunocompromised, critically ill COVID-19 patients were treated with IFN- $\gamma$

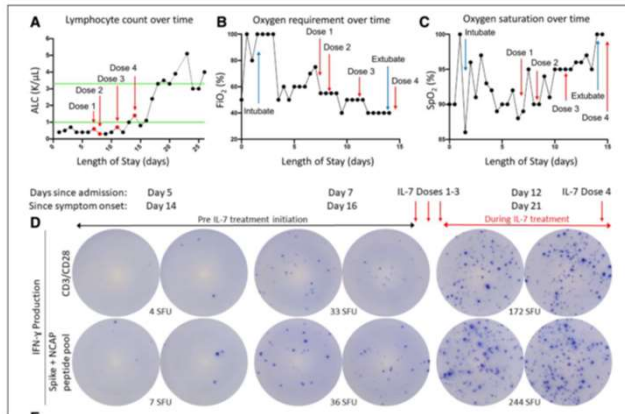
IFN- $\gamma$  treatment was followed by viral clearance and clinical improvement

The patients did not develop signs of hyperinflammation

Patients on mechanical ventilator  
+ Persisting viral load and no clinical improvements after > 10 days after admission



## Interleukin-7 Reverses Lymphopenia and Improves T-Cell Function in Coronavirus Disease 2019 Patient With Inborn Error of Toll-Like Receptor 3: A Case Report

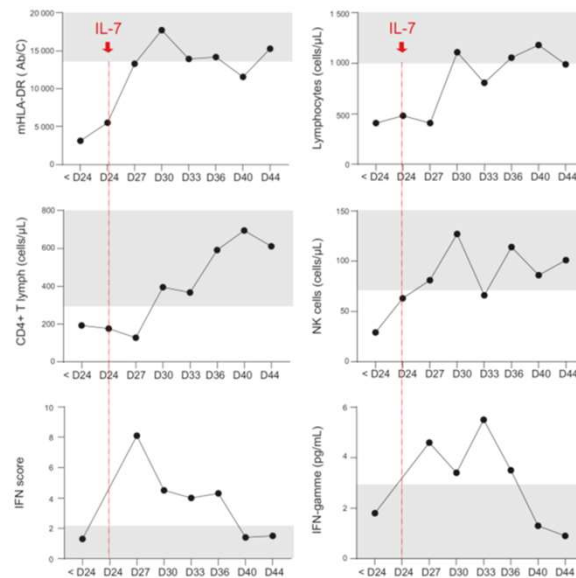


43-y-old  
 Worsening hypoxemia  
 Dexamethasone  
 High flow oxygen,  
 convalescent plasma  
 remdisivir

Severe lymphopenia (CD4 < 500)

Mazer et al, 2021 *Critical Care Explorations*

## Immune monitoring of interleukin-7 compassionate use in a critically ill COVID-19 patient

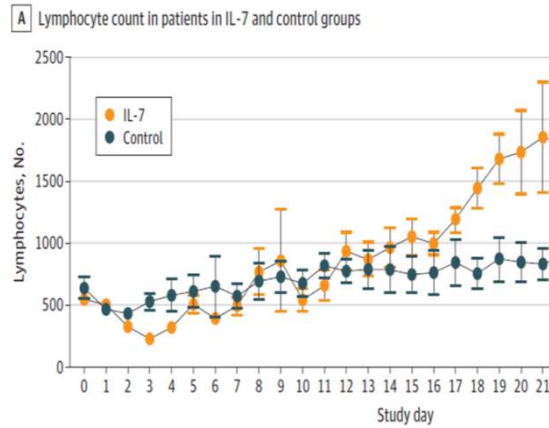


Monneret et al., 2020

Cellular & Molecular Immunology

### Association of Interleukin 7 Immunotherapy With Lymphocyte Counts Among Patients With Severe Coronavirus Disease 2019 (COVID-19)

Pierre Francois Laterre, MD; Bruno François, MD; Christine Collienue, MD; Philippe Hantson, MD, PhD; Robin Jeannet, PhD; Kenneth E. Remy, MD; Richard S. Hotchkiss, MD



+ Essai ILIAD (2022)

JAMA Netw Open 2020



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DÉPÊCHE - Jeudi 06 janvier 2022 - 18:10

## Un effort "majeur" reste à faire pour individualiser le traitement du Covid sévère

Le Pr Timsit a rappelé lors de son audition les différentes phases de la maladie: la partie virale initiale "pas très sévère", la partie immunologique qui a un effet délétère "considérable" sur l'organisme et, chez les patients les plus sévères, la phase "d'immuno-paralysie post-agressive" caractérisée par des surinfections et des complications infectieuses qui dégradent lourdement le pronostic des malades, en particulier les plus sévères.



Assemblée nationale, F, 6 janvier 2022

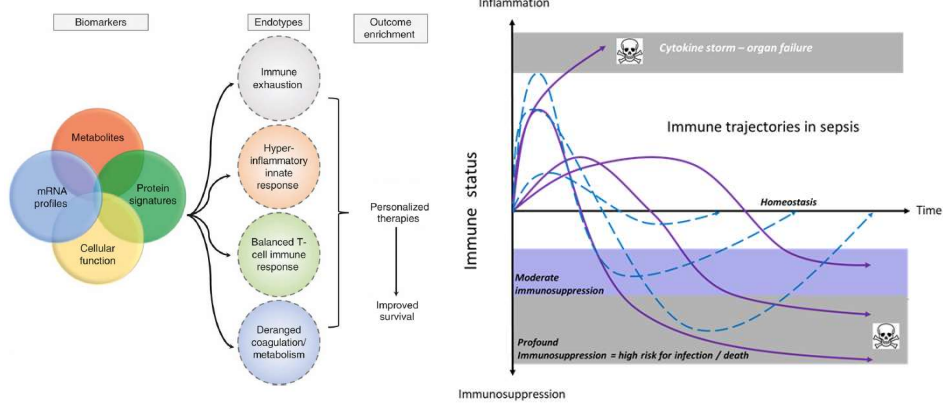
## Conclusions

### Immunostimulation (summary)



- Septic ICU patients are immunosuppressed
- Immunostimulation = promising approach
- Preclinical results in sepsis : +++
- Several clinical cases and small RCT : +++
- In > 500 patients, no adverse “cytokine storm”
- [Available makers for individualized therapies](#)

...because one size does not fit all...

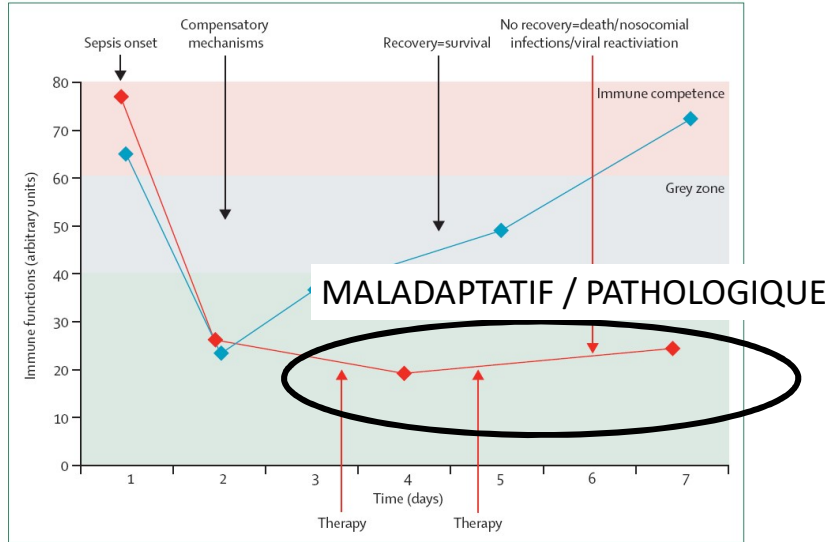


Leligowicz and Matthay, Crit Care 2018

Monneret et al., Cytometry Part A 2019

## Immunosuppression in sepsis: a novel understanding of the disorder and a new therapeutic approach

Richard S Hotchkiss, Guillaume Monneret, Didier Payen



Lancet Infect Dis 2013;  
13: 260-68

## Immunodépression dans le sepsis principales caractéristiques

### Immunité innée

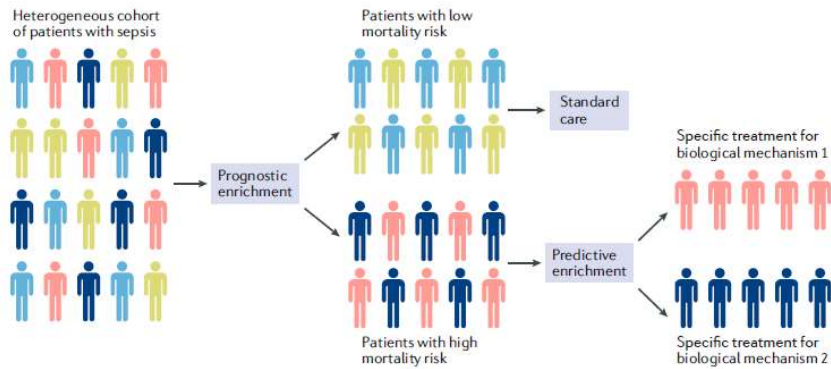
- Neutrophiles immatures & MDSC = ↑
- % Monocyte désactivés = ↑
- Capacité présentation Ag : ↓

### Immunité adaptative

- Lymphopénie
- Molécules inhibitrices PD-1 = ↑
- Répertoire Lymphocytaire : ↓

Soins courants  
Immuno - HCL

## Prognostic and predictive enrichment in sepsis



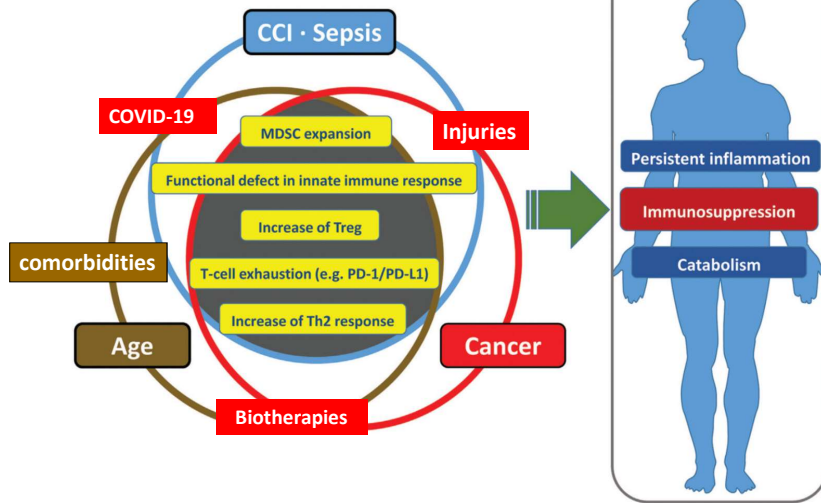
*Stanski & Wong, Nat Rev Nephrol 2019*

Any given life-threatening infection results, by definition, from an immunodeficiency, whether inherited or acquired

*Casanova JL, Science 2007*



The future :  
Immuno(suppression) at the crossroads of many (ICU) diseases



Adapted from Horiguchi et al., *Frontiers Immunol* 2018