

Comment construire et écrire une méta-analyse ?

David GASQ *

Cours optionnel de DES MPR – Généralités en méthodologie pour la MPR

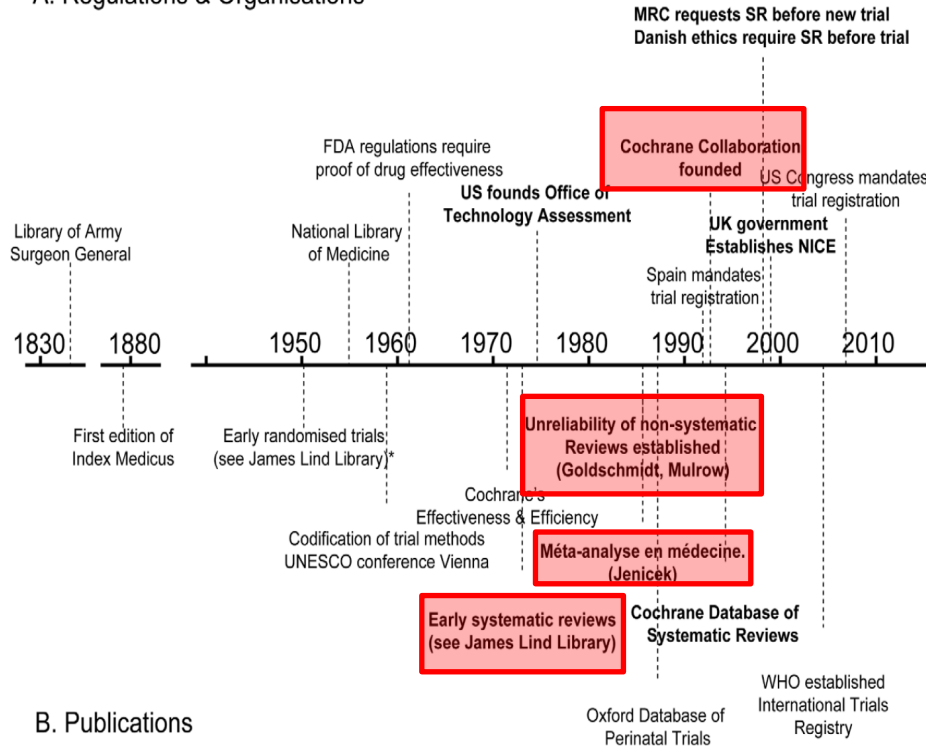
28 juin 2022 - 20 minutes + 10 min de discussion

**MCU-PH, Université Toulouse 3, CHU de Toulouse; ToNIC, Toulouse NeuroImaging Center, Université de Toulouse, Inserm, UPS*

Revue systématique et méta-analyse

2 / 24

A. Regulations & Organisations



B. Publications

Seventy-Five Trials and Eleven Systematic Reviews a Day: How Will We Ever Keep Up? 2010

Hilda Bastian^{1*}, Paul Glasziou², Iain Chalmers³

¹ German Institute for Quality and Efficiency in Health Care (IQWiG), Cologne, Germany, ² Centre for Research in Evidence-Based Practice, Faculty of Health Sciences, Bond University, Gold Coast, Australia, ³ James Lind Library, James Lind Initiative, Oxford, United Kingdom

Essay

Why Most Published Research Findings Are False

John P. A. Ioannidis

PLoS Medicine | www.plosmedicine.org

0696

August 2005 | Volume 2 | Issue 8 | e124

The New Statistics: Why and How

Geoff Cumming

La Trobe University

Psychological Science
XX(10) 1-23
© The Author(s) 2013
Reprints and permissions:
sagepub.com/journalsPermissions.nav
DOI: 10.1177/0956797613504966
pss.sagepub.com
SAGE

VIEWPOINT

The Proposal to Lower P Value Thresholds to .005

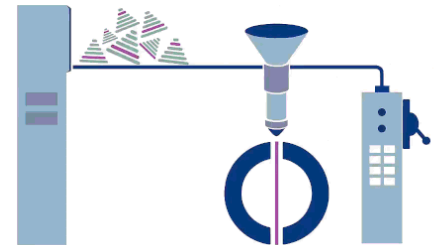
John P. A. Ioannidis

JAMA April 10, 2018 Volume 319, Number 14

Figure 1. Policy and academic milestones in the development of trials and the science of reviewing trials. doi:10.1371/journal.pmed.1000326.g001

Première étape = RSL (*cf. exposé C. Villepinte*)

1. Formuler une question
2. Critères de sélection \Leftrightarrow niveau de preuve
3. Recherche des publications \rightarrow données à analyser
4. Sélectionner les essais \Leftrightarrow qualité des études & niveaux de biais
5. Synthétiser les caractéristiques des essais
 - Hétérogénéité des études ?



Synthèse, qualités et biais des études

4 / 24

- Contexte
- Prérequis
- Méta-analyse
- Forest plot
- Compléments
- Ressources
- Conclusion

Table 1
Characteristics of participants, type of intervention and modalities of rehabilitation.

Study (year)	Type of intervention	N	Age, years, mean (SD)	Time post-stroke, months, mean (SD)	Baseline FMA-UE score (/66) mean (SD)	Rehabilitation modalities	
						Duration and frequency	Setting (number of centres)
Michaelsen (2006)	TRT	15	68.9 (10.7)	16.7 (9.1)	47.9 (8.5)	1 h, 3 days/week, 5 weeks	Home
Lin, Wu, Wei (2007)	CIMT	17	57.1 (18.3)	18.3 (N/A)	N/A	2 h, 5 days/week, 3 weeks	Rehab (4)
Wu, Chen, Tang (2007)	CIMT	24	53.9 (11.2)	12.5 (9.6)	46.8 (11.6)	2 h, 5 days/week, 3 weeks	Rehab (2)
Wu, Lin, Chen (2007)	CIMT	15	54.7 (8.6)	18.5 (6.9)	N/A	2 h, 5 days/week, 3 weeks	Rehab (2)
Thielman (2008)	TRT	5	62.4 (8.9)	13.6 (11.0)	29.8 (2.5)	45 min, 3 days/week, 12 sessions	Rehab (1)
Woodbury (2009)	CIMT + TRT	6	60.0 (8.6)	36.3 (35.3)	38 (10.3)	6 h, 5 days/week, 2 weeks	Rehab (1)
Lin (2010)	BAT	16	64.8 (2.7)	32.4 (33.7)	42.0 (6.8)	6 h, 5 days/week, 2 weeks	Rehab (1)
Wu (2011)	CIMT	22	51.9 (11.9)	14.9 (12.0)	N/A	2 h, 5 days/week, 3 weeks	Rehab (4)
	BAT	22	52.2 (10.7)	15.9 (13.7)	N/A	2 h, 5 days/week, 3 weeks	Rehab (4)
Wu, Chen, Chen (2012)	CIMT + TRT	15	52.3 (11.3)	14.9 (13.6)	46.9 (5.9)	2 h, 5 days/week, 3 weeks	Rehab (4)
	CIMT	15	54.9 (10.2)	15.0 (10.2)	46.6 (9.0)	2 h, 5 days/week, 3 weeks	Rehab (4)
Wu, Chen, Lin (2012)	CIMT + TRT	20	54.0 (9.7)	15.7 (13.5)	43.0 (9.6)	2 h, 5 days/week, 3 weeks	Rehab (4)
	CIMT	19	56.3 (12.2)	13.7 (7.3)	39.1 (11.3)	2 h, 5 days/week, 3 weeks	Rehab (4)
Lima (2014)	CIMT + TRT	10	61.6 (9.5)	86.0 (64.3)	46.9 (10.1)	3 h, 5 days/week, 2 weeks	Home
	CIMT	11	56.7 (7.2)	75.6 (29.4)	48.6 (5.7)	3 h, 5 days/week, 2 weeks	Home
de Oliveira Cacho (2015)	TRT	10	47.4 (11.5)	51.84 (48.36)	32.8 (18.6)	45 min, 2/week, 20 sessions	Rehab (1)

BAT: bilateral arm therapy; CIMT: constraint induced movement therapy; CIMT + TRT: constraint induced movement therapy associated with trunk restraint therapy; FMA-UE: Fugl-Meyer Assessment for upper extremity; Home, home-based rehabilitation; N/A: not available; Rehab, rehabilitation units; TRT: trunk restraint therapy.

Table 2
Technical aspects of the kinematic evaluation.

Study (year)	Movement capture system	Sampling frequency (LPF), Hz	No. of markers	Position analysed	Distance of object	Movement velocity	No. of trials	Task analysed	Onset/offset of movement
Michaelsen (2006)	IRED, Optotrack	120	8	Seated, trunk unrestrained	80% AL	SV	10	Palmar grasp (cylinder)	> 5% PV / < 5% PV
Lin, Wu, Wei (2007)	IMAS, Vicon	60 (5)	4	Seated, trunk restrained	AL	SV	5	Reaching to grasp a can	Pressure sensor/ Movement of can
Wu, Chen, Tang (2007)	IMAS, Vicon	60 (5)	1	Seated, trunk restrained	AL	SV	5	Reaching to press a bell	Hand pressure sensor/ Desk bell pressure sensor
Wu, Lin, Chen (2007)	IMAS, Vicon	60 (5)	1	Seated, trunk restrained	AL	SV	3	Reaching to press a bell	Hand pressure sensor/ Desk bell pressure sensor
Thielman (2008)	IMAS, Motion Analysis System	60 (6)	5	Seated, trunk unrestrained	75% AL	SV	5	Reaching to touch a target	Wrist velocity > 0.06 m/s / < 0.06 m/s
Woodbury (2009)	IMAS, Vicon	100 (12)	12	Seated, trunk unrestrained	80% AL	SV	3	Reaching to touch a target	> 10% PV / < 10% PV
Lin (2010)	IMAS, Vicon	120 (5)	1	Seated, trunk restrained	AL	MV	3	Reaching to press a bell with index	> 5% PV / Desk bell pressure sensor
Wu (2011)	IMAS, Vicon	120	1	Seated, trunk restrained	AL	MV	3	Reaching to press a bell with index	> 5% PV / Desk bell pressure sensor
Wu, Chen, Chen (2012)	IMAS, Vicon	120 (5)	12	Seated, trunk unrestrained	90% AL	SV	3	Reaching to grasp a can	> 5% PV / < 5% PV
Wu, Chen, Lin (2012)	IMAS, Vicon	120 (5)	12	Seated, trunk unrestrained	90% AL	MV	3	Reaching to press a bell with index	> 5% PV / Desk bell pressure sensor
Lima (2014)	IMAS, Qualisys	120 (7)	27	Seated, trunk unrestrained	90% AL	SV	N/A	Reaching to grasp a can	N/A/N/A
de Oliveira Cacho (2015)	IMAS, Qualisys	240 (6)	5	Seated, trunk restrained	AL	N/A	3	Reaching to target	> 5% PV / < 5% PV

AL: arm length; Hz: Hertz; IMAS: infrared motion analysis system (passive markers); IRED: infrared-emitting diodes; LPF: low pass filter; MV: maximal velocity; N/A: not available; SV: spontaneous velocity; PV: peak velocity.

Annals of Physical and Rehabilitation Medicine 64 (2021) 101-366

Available online at ScienceDirect www.sciencedirect.com

Elsevier Masson France EM|consulte www.em-consulte.com

Elsevier

Review

Responsiveness of kinematic and clinical measures of upper-limb motor function after stroke: A systematic review and meta-analysis

Claire Villepinte^{a,b,c,*}, Arpana Verma^d, Chloe Dimeglio^{e,f}, Xavier De Boissezon^{a,g}, David Gasq^{h,i}

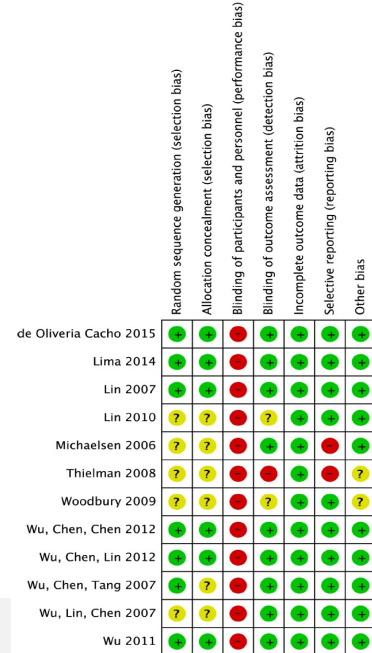


Fig. 2. Risk of bias of studies assessed with the Cochrane Collaboration Risk of Bias tool.

Méta-analyse quantitative

1. Approche quantitative et systématique
2. Combinaison de données → synthèse chiffrée
 - Augmente la puissance statistique
 - Augmente la précision de l'estimation et améliore sa généralisation
 - Explication de la variabilité entre études
 - *Manque de données valides ?*
3. Aboutit à de nouveaux résultats



Indicateurs méta-analysables

6 / 24

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion

- Le principe = méta-analyser un indicateur extrait ou calculé à partir des études
- Pour être méta-analysable, l'indicateur doit être:
 - Comparable
 - Calculable \Leftrightarrow erreur standard connue
 - Interprétable
- Indicateur = **taille d'effet (effect size)**
 - Donnée reflétant la magnitude et la direction d'une relation
 - Ex. = effet d'un traitement A versus B
 - ES = différence de moyenne standardisée
 - **d de Cohen** (*Hedges' g, Glass, ...*)

$$d = \frac{\bar{x}_1 - \bar{x}_2}{s}$$

Effect size	d
Very small	0.01
Small	0.20
Medium	0.50
Large	0.80
Very large	1.20
Huge	2.0

Indicateurs méta-analysables

7 / 24

- Le principe = méta-analyser un indicateur extrait ou calculé à partir des études

- Pour être méta-analysable, l'indicateur doit être:

- Comparable
- Calculable ⇔ erreur standard connue
- Interprétable

- Indicateur = **taille d'effet (effect size)**

- Donnée reflétant la magnitude et la direction d'une relation
 - Ex. = effet d'un traitement A versus B
- ES = différence de moyenne standardisée
 - **d de Cohen** (*Hedges' g, Glass, ...*)
- Calcul à partir de la tendance centrale et **dispersion**

Standard deviation (SD)

$$\sigma = \sqrt{V} = \sqrt{\frac{1}{n} \sum_{i=1}^n (x_i - \bar{x})^2} = \sqrt{\frac{1}{n} \sum_{i=1}^n x_i^2 - \bar{x}^2}$$

Standard error (SE)

$$\sigma_{\bar{x}} = \frac{\sigma}{\sqrt{n}}$$

Z-score

$$z = \frac{x - \mu}{\sigma}$$

Confidence interval (CI)

$$\text{Upper 95\% limit} = \bar{x} + (\text{SE} \times 1.96)$$

$$\text{Lower 95\% limit} = \bar{x} - (\text{SE} \times 1.96)$$

Notions de statistiques

Contexte

Prérequis

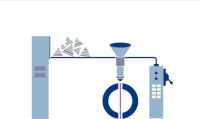
Méta-analyse

Forest plot

Compléments

Ressources

Conclusion



collège français des
enseignants universitaires de
cofemer
médecine physique
et de réadaptation

Le recueil des données

- Recueil méthodique de l'indicateur ciblé = tendance centrale + dispersion
- Vérification = procédure en binôme

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion

Type	KinCom	NumStudy	Study	Subgroup	n	PreM	PreSD	PostM	PostSD
CLIO	FMA-UE	3	Wu, Chen, Tang 2007	CIMT	24	39,5	13,5	45,8	11,6
CLIO	FMA-UE	5	Thielman 2008	TRT	5	29,8	2,5	36,2	2,4
CLIO	FMA-UE	6	Woodbury 2009	CIMT	5	42,0	6,8	46,0	4,6
CLIO	FMA-UE	7	Woodbury 2009	CIMT+TRT	6	38,0	10,3	49,0	9,7
CLIO	FMA-UE	8	Lin 2010	BAT	16	48,0	12,4	57,6	1,3
CLIO	FMA-UE	11	Wu, Chen, Chen 2012	CIMT	15	46,6	9,0	50,9	7,8
CLIO	FMA-UE	12	Wu, Chen, Chen 2012	CIMT+TRT	15	46,9	5,9	54,0	5,4
CLIO	FMA-UE	17	de Oliveira Cacho 2015	TRT	10	32,8	18,6	35,7	20,1
CLIO	MAL AOU	2	Lin, Wu, Wei 2007	CIMT	17	0,64	0,71	2,04	1,04
CLIO	MAL AOU	3	Wu, Chen, Tang 2007	CIMT	24	0,64	0,86	1,85	1,24
CLIO	MAL AOU	4	Wu, Lin, Chen 2007	CIMT	15	0,95	0,89	2,32	1,45
CLIO	MAL AOU	6	Woodbury 2009	CIMT	5	1,61	1,00	3,14	1,32
CLIO	MAL AOU	7	Woodbury 2009	CIMT+TRT	6	1,43	0,68	2,27	0,79
CLIO	MAL AOU	8	Lin 2010	BAT	16	1,06	0,83	1,25	0,92
CLIO	MAL AOU	9	Wu 2011	BAT	22	0,90	0,77	1,41	1,06
CLIO	MAL AOU	10	Wu 2011	CIMT	22	1,02	0,82	2,11	1,05
CLIO	MAL AOU	11	Wu, Chen, Chen 2012	CIMT	15	1,11	0,74	2,06	0,92
CLIO	MAL AOU	12	Wu, Chen, Chen 2012	CIMT+TRT	15	0,97	0,61	1,99	0,85
CLIO	MAL AOU	13	Wu, Chen, Lin 2012	CIMT	19	0,60	0,60	1,50	0,80
CLIO	MAL AOU	14	Wu, Chen, Lin 2012	CIMT+TRT	20	0,80	0,70	1,50	0,80
CLIO	MAL AOU	15	Lima 2014	CIMT	11	0,70	0,70	2,60	0,70
CLIO	MAL AOU	16	Lima 2014	CIMT+TRT	10	1,30	0,60	3,10	1,00



Logiciels dédiés



- Études descriptives (1 seul groupe)
 - Moyenne
 - Incidence, proportion, prévalence, sensibilité, spécificité, VPP, VPN
 - Corrélation
- Études comparatives (2 groupes, pré-post)
 - Différence moyenne (mean difference ou MD)
 - Différence moyenne standardisée (standardized mean difference ou SMD)
 - Risque relatif, odds ratio, NNT, hazard ratio, ...
- Méta-analyser = ?
 - Calculer la taille d'effet poolée = effect size (ES)
 - Calculer l'intervalle de confiance à 95% de l'estimation de l'ES
 - Réaliser un test statistique de la différence par rapport à zéro (Z-score, p-value)



Forest plot

10 / 24

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion

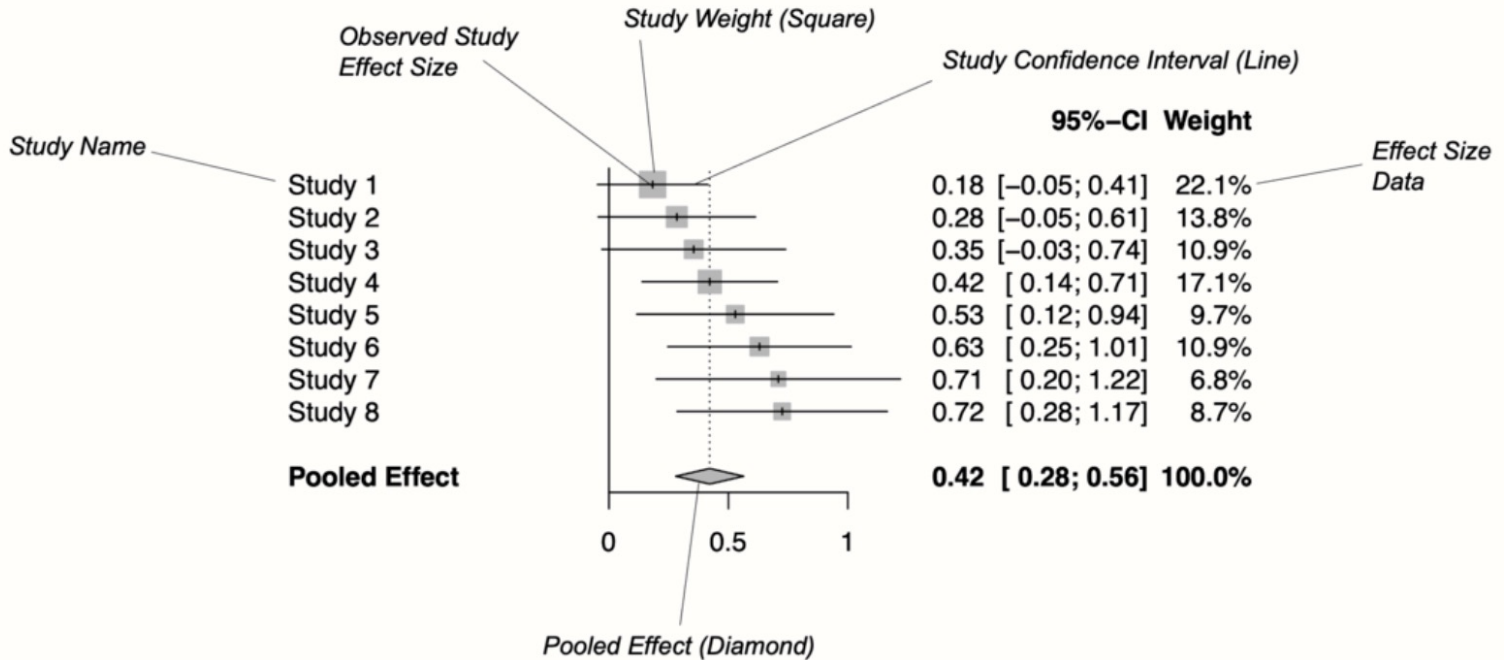
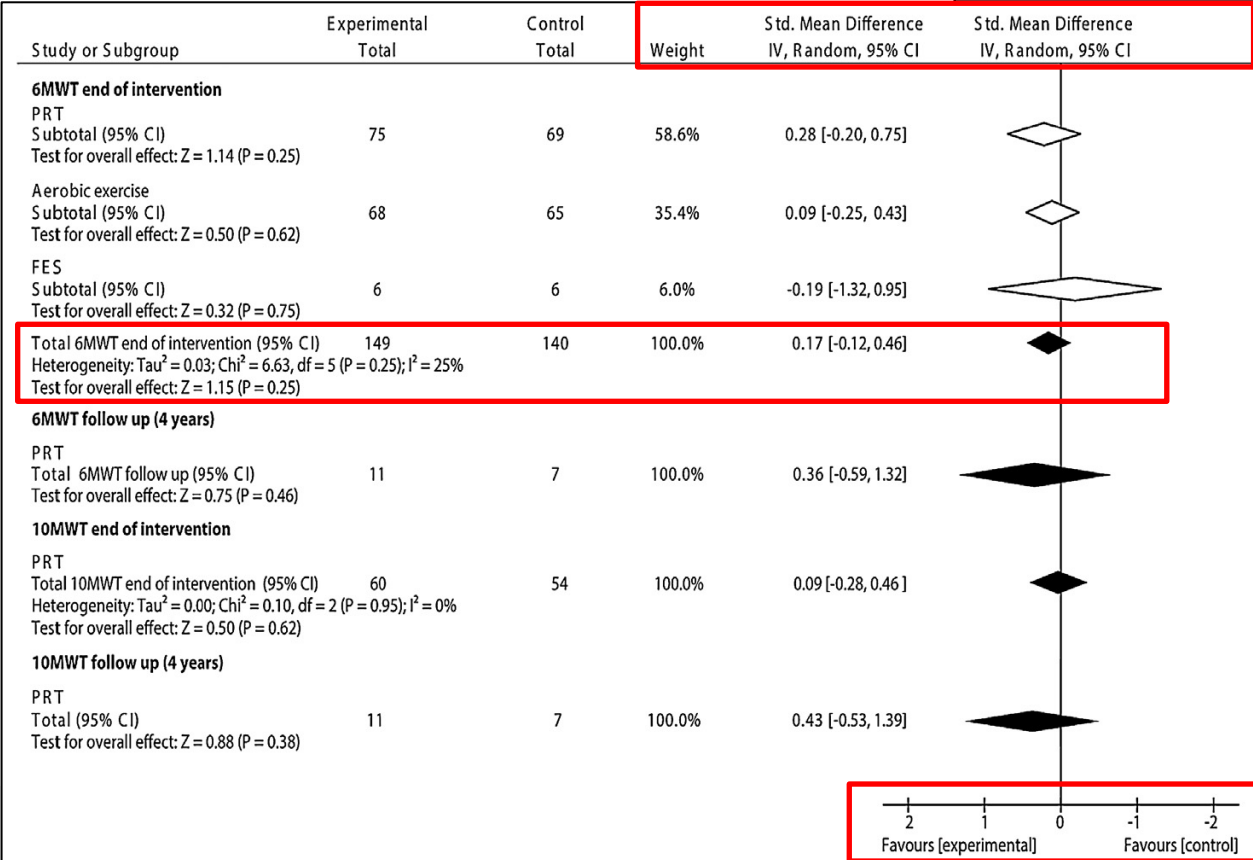


Figure 6.1: Key elements of a forest plot.

Doing Meta-Analysis in R: A Hands-on Guide.

Forest plot



Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

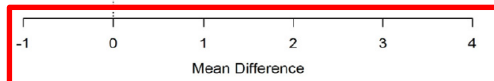
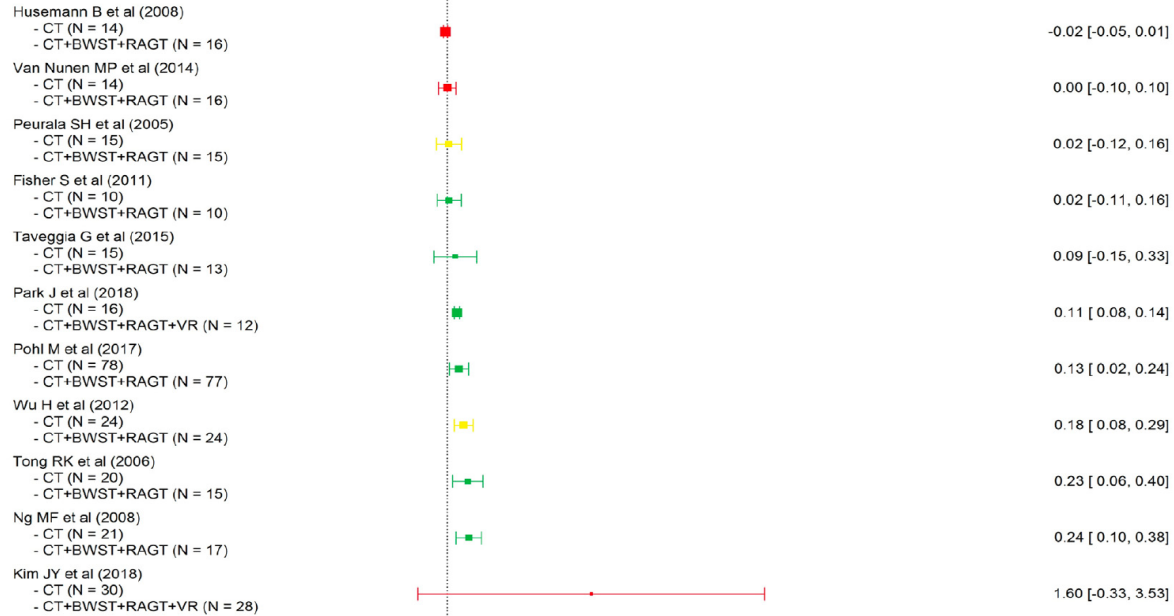
Ressources

Conclusion



A

Gait speed - CT+add vs CT+BWST+RAGT+add



+0.09 [0.03, 0.15]

Gait speed m.s⁻¹

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion



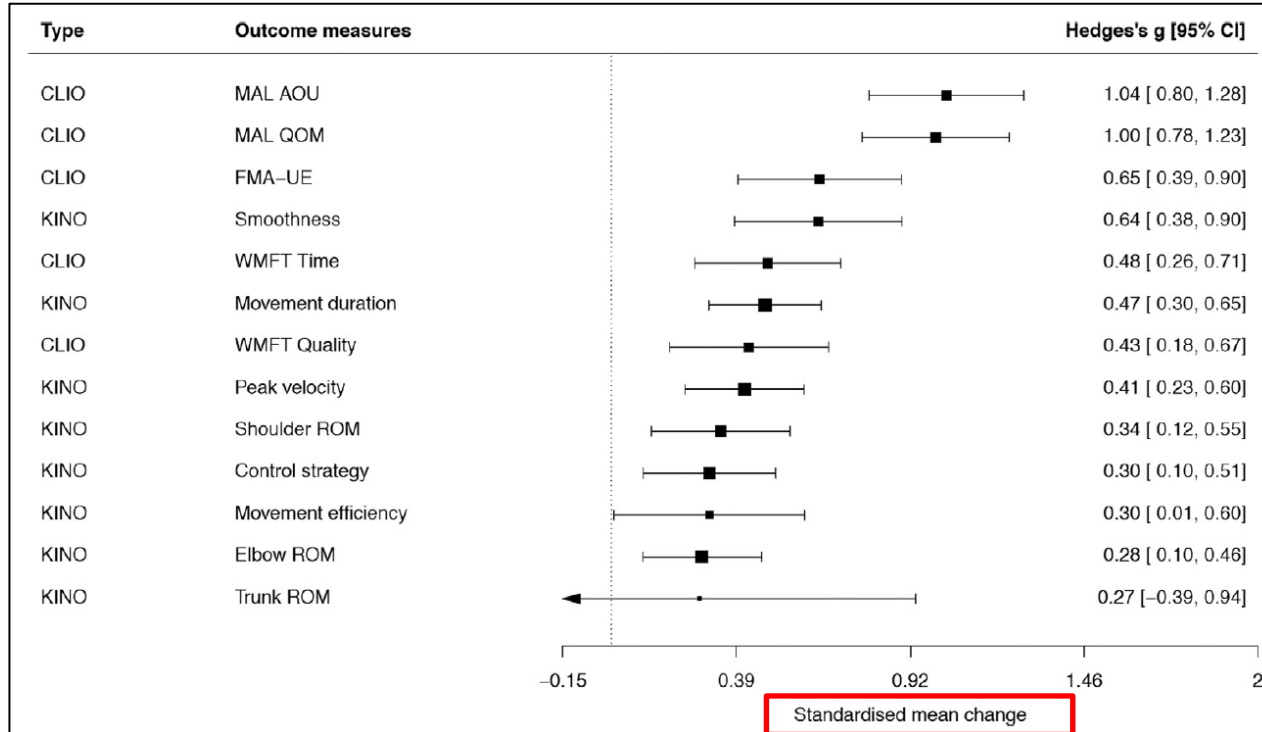
Forest plot



Review

Responsiveness of kinematic and clinical measures of upper-limb motor function after stroke: A systematic review and meta-analysis

Claire Villepinte^{a,b,c,*}, Arpana Verma^d, Chloe Dimeglio^{e,f}, Xavier De Boissezon^{a,g}, David Gasq^{a,c}



Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion



Forest plot

Annals of Physical and Rehabilitation Medicine 64 (2021) 101366

Available online at
 ScienceDirect
www.sciencedirect.com

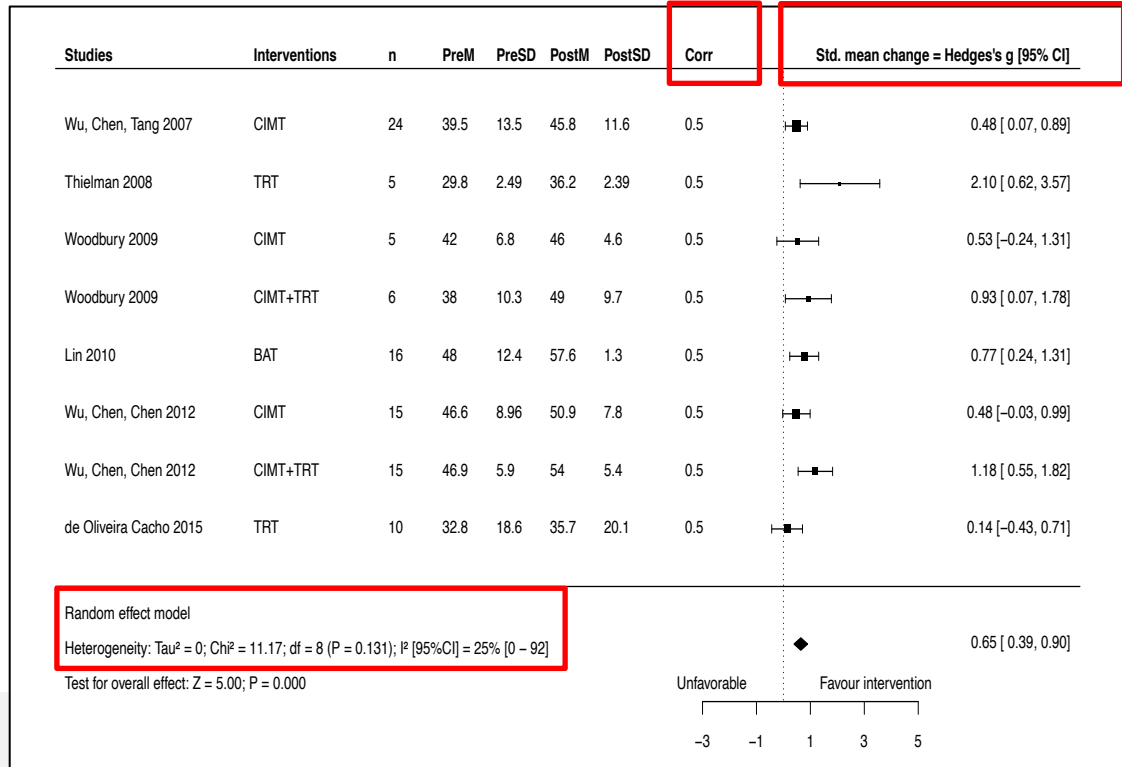
Elsevier Masson France
 EM|consulte
www.em-consulte.com

SOEMER

Review
 Responsiveness of kinematic and clinical measures of upper-limb motor function after stroke: A systematic review and meta-analysis
 Claire Villepinte^{a,b,c,e,*}, Arpana Verma^d, Chloe Dimaggio^{e,f}, Xavier De Boissezon^{a,g}, David Gasq^{a,c}

- Mesurer l'hétérogénéité: test Q de Cochran, I² statistic, ...
- Modèle à effet aléatoire >> fixe

Explorer
l'hétérogénéité ++



Analyse en sous-groupes et méta-régression

15 / 24

- Exploration de l'hétérogénéité entre études
 - Facteurs potentiels d'hétérogénéité connus à priori
- Analyses en sous-groupes
- Méta-régression
 - Procédure statistique

Annals of Physical and Rehabilitation Medicine 63 (2020) 518–534

Available online at ScienceDirect www.sciencedirect.com

Elsevier Masson France EM|consulte www.em-consulte.com

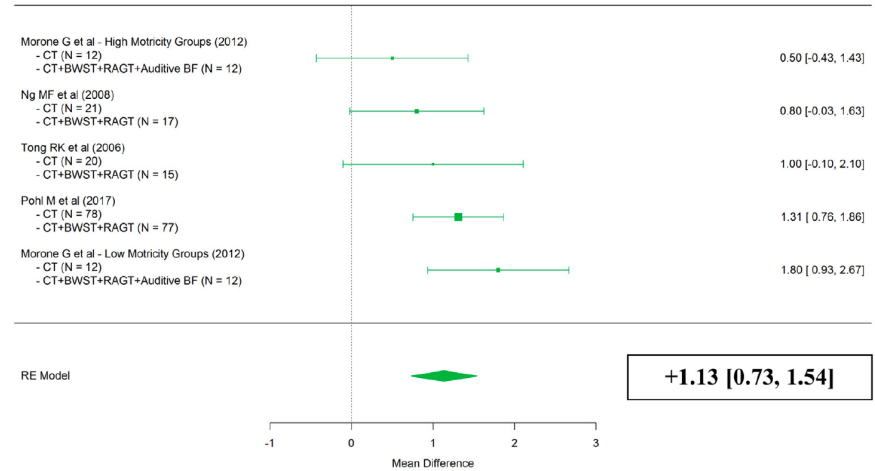
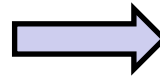
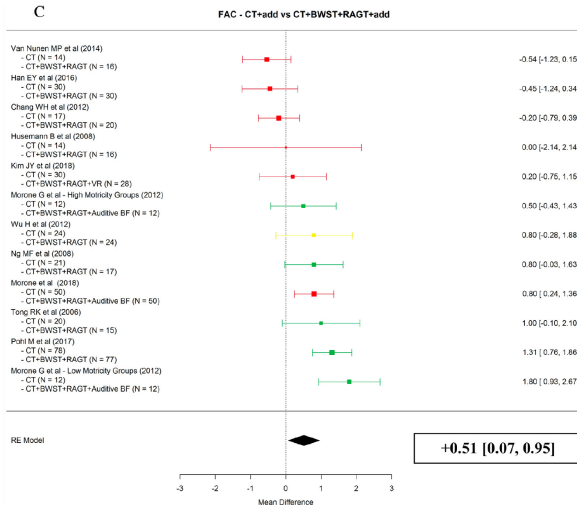
Review

Effects of robotic gait training after stroke: A meta-analysis[☆]

Geoffroy Moucheboeuf^{a,b}, Romain Griffier^c, David Gasq^{d,e}, Bertrand Glize^{a,b}, Laurent Bouyer^f, Patrick Dehaill^{a,b}, Helene Cassoudesalle^{a,b,g}

☆ Check for updates

Contexte
Prérequis
Méta-analyse
Forest plot
Compléments
Ressources
Conclusion



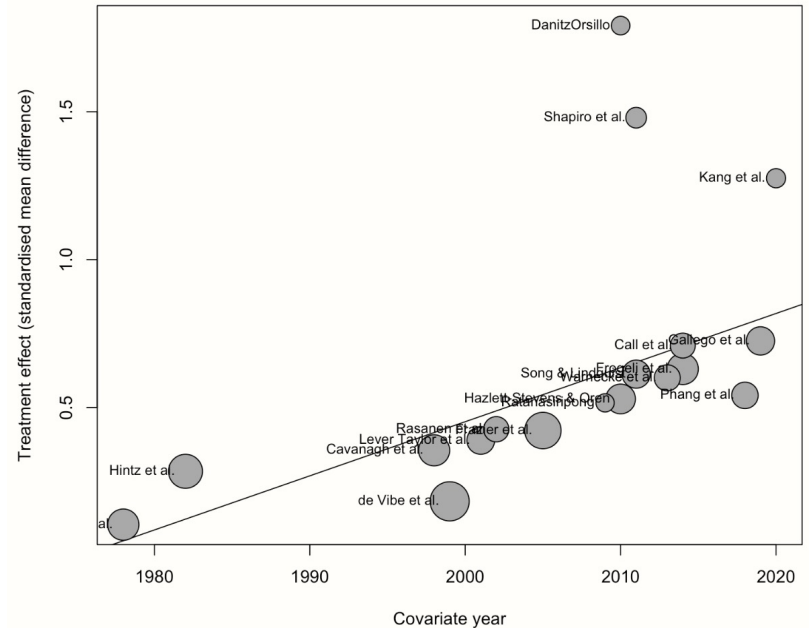
Level of heterogeneity $I^2=71.34\%$, $r=0$
Meta-regression: 61.58% of heterogeneity was explained by the quality study attrition.

Level of heterogeneity $I^2=19.45\%$, $r=0$

Analyse en sous-groupes et méta-régression

16 / 24

- Exploration de l'hétérogénéité entre études
 - Facteurs potentiels d'hétérogénéité connus à priori
- Analyses en sous-groupes
- Méta-régression
 - Procédure statistique & **Bubble plot**



Contexte
Prérequis
Méta-analyse
Forest plot
Compléments
Ressources
Conclusion

Funnel plot = évaluation du biais de publication

17 / 24

- Test de Egger = asymétrie du funnel plot ?

Contexte

Prérequis

Méta-analyse

Forest plot

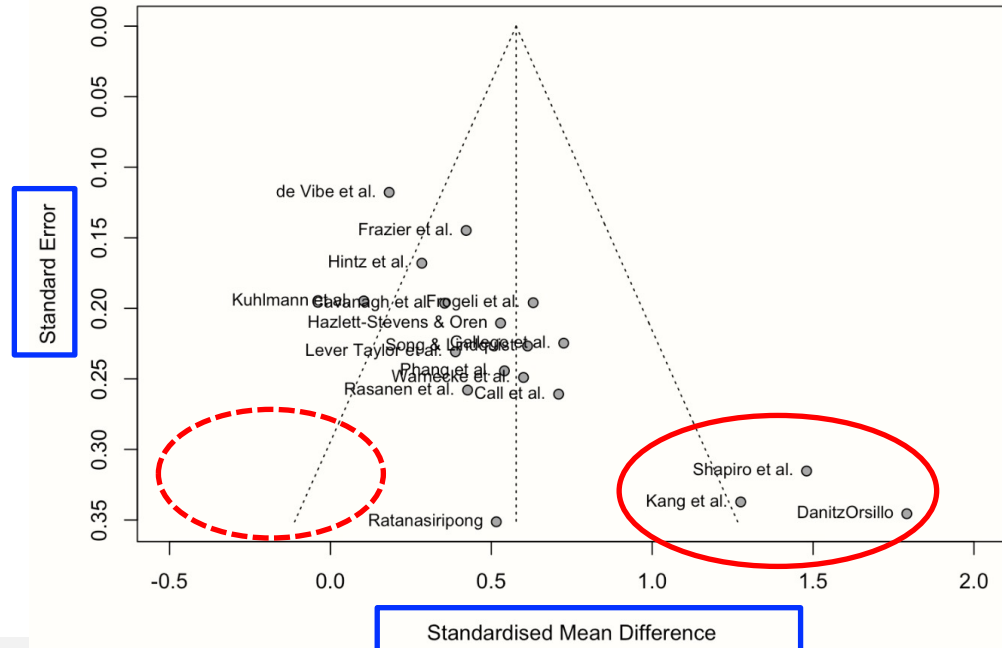
Compléments

Ressources

Conclusion



Funnel Plot (Third Wave Psychotherapies)



- Évaluation de l'impact d'un choix sur les résultats
 - Ex. = valeur de la corrélation pré-post
 - Impact d'études biaisées, cut-off, etc ...

Supplemental results – Sensitivity analysis

Table A1. Sensitivity analysis for different correlation values used for computing the pre–post summative effect size (a statistically significant difference for an outcome would correspond to a lack of overlap of confidence intervals [CIs] obtained with different values of r).

Kinematic and clinical outcome measures	No. participants/ rehab groups/studies	Pooled effect estimates of standardised mean difference calculated by Hedges' g (95% CI)				
		$r = 0.0$	$r = 0.25$	$r = 0.5$	$r = 0.75$	$r = 0.90$
MAL AOU	217/3/9	1.00 (0.75; 1.25)	1.02 (0.77; 1.26)	1.04 (0.80; 1.28)	1.04 (0.80; 1.28)	0.98 (0.74; 1.23)
MAL QOM	217/3/9	0.96 (0.72; 1.20)	0.98 (0.75; 1.21)	1.00 (0.78; 1.23)	1.02 (0.79; 1.25)	0.98 (0.75; 1.22)
Smoothness	121/4/8	0.69 (0.37; 1.01)	0.68 (0.38; 0.97)	0.64 (0.38; 0.97)	0.57 (0.37; 0.77)	0.48 (0.31; 0.66)
FMA-UE	96/4/6	0.65 (0.35; 0.96)	0.64 (0.38; 0.90)	0.65 (0.39; 0.90)	0.67 (0.38; 0.97)	0.71 (0.32; 1.09)
WMFT Time	75/3/3	0.53 (0.21; 0.85)	0.51 (0.23; 0.79)	0.48 (0.26; 0.71)	0.42 (0.27; 0.58)	0.33 (0.23; 0.43)
Movement duration	131/3/7	0.51 (0.26; 0.76)	0.50 (0.28; 0.71)	0.47 (0.30; 0.65)	0.42 (0.28; 0.56)	0.33 (0.22; 0.45)
WMFT Quality	64/3/2	0.43 (0.08; 0.78)	0.43 (0.13; 0.73)	0.43 (0.18; 0.67)	0.41 (0.17; 0.65)	0.39 (0.15; 0.63)
Peak velocity	114/4/3	0.43 (0.16; 0.69)	0.42 (0.19; 0.65)	0.41 (0.23; 0.60)	0.40 (0.24; 0.56)	0.38 (0.19; 0.57)
Shoulder ROM	96/3/5	0.34 (0.06; 0.62)	0.34 (0.10; 0.58)	0.34 (0.12; 0.55)	0.33 (0.14; 0.53)	0.31 (0.13; 0.48)
Movement efficiency	112/4/7	0.33 (0.05; 0.62)	0.32 (0.03; 0.61)	0.30 (0.01; 0.60)	0.27 (-0.01; 0.55)	0.22 (0.01; 0.43)
Control strategy	128/4/7	0.31 (0.07; 0.55)	0.31 (0.09; 0.52)	0.30 (0.10; 0.51)	0.30 (0.10; 0.49)	0.27 (0.10; 0.45)
Elbow ROM	107/3/6	0.28 (0.02; 0.54)	0.28 (0.05; 0.51)	0.28 (0.10; 0.46)	0.30 (0.10; 0.50)	0.26 (0.10; 0.42)
Trunk ROM	68/3/5	0.23 (-0.06; 0.58)	0.24 (-0.10; 0.58)	0.27 (-0.39; 0.94)	0.24 (-0.59; 1.07)	0.19 (-0.71; 1.08)

FMA-UE, Fugl-Meyer Motor Assessment of Upper Extremity; MAL AOU, Motor Activity Log amount of use; MAL QOM, Motor Activity Log

quality of movement; ROM, range of motion; r , coefficient of correlation between pre- and post-test paired data; WMFT, Wolf Motor Function

Annals of Physical and Rehabilitation Medicine 64 (2021) 101366

Available online at ScienceDirect
www.sciencedirect.com

Elsevier Masson France
EM|consulte
www.em-consulte.com

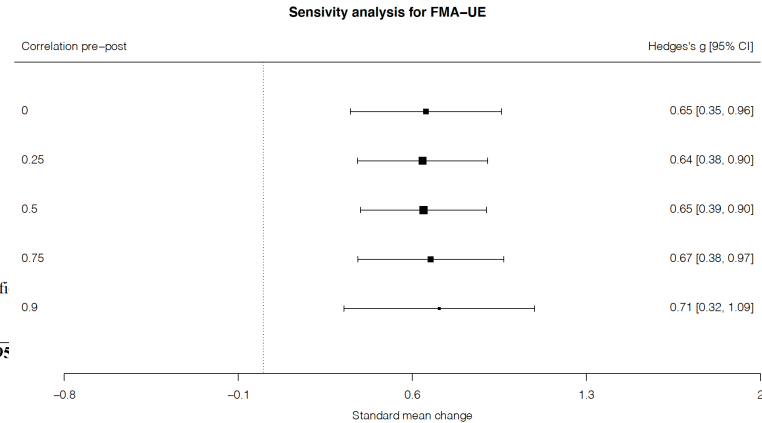
ELSEVIER

Physical & Rehabilitation Medicine
SOMMER

Review

Responsiveness of kinematic and clinical measures of upper-limb motor function after stroke: A systematic review and meta-analysis

Claire Villepinte^{a,b,c,e}, Arpana Verma^d, Chloe Dimeglio^{e,f}, Xavier De Boissezon^{a,g}, David Gasq^{a,c}



Faire encore mieux → méta-analyse prospective

19 / 24

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion

Limiter les biais des RSL et méta-analyses rétrospectives

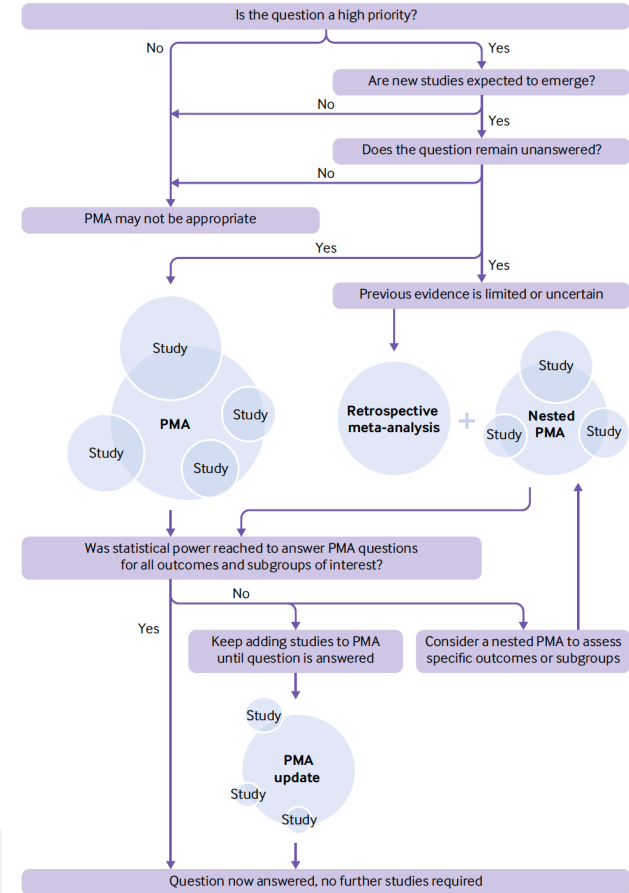
RESEARCH METHODS AND REPORTING

 OPEN ACCESS

A guide to prospective meta-analysis

 Check for updates

Anna Lene Seidler,¹ Kylie E Hunter,¹ Saskia Cheyne,¹ Davina Ghersi,^{1,2} Jesse A Berlin,³ Lisa Askie¹



RESEARCH

Open Access

Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015 statement

RESEARCH METHODS AND REPORTING

OPEN ACCESS

Check for updates

The PRISMA 2020 statement: an updated guideline for reporting systematic reviews

Matthew J Page,¹ Joanne E McKenzie,¹ Patrick M Bossuyt,² Isabelle Boutron,³ Tammy C Hoffmann,⁴ Cynthia D Mulrow,⁵ Larissa Shamseer,⁶ Jennifer M Tetzlaff,⁷ Elie A Akl,⁸ Sue E Brennan,¹ Roger Chou,⁹ Julie Glanville,¹⁰ Jeremy M Grimshaw,¹¹ Asbjørn Hróbjartsson,¹² Manoj M Lalu,¹³ Tianjing Li,¹⁴ Elizabeth W Loder,¹⁵ Evan Mayo-Wilson,¹⁶ Steve McDonald,¹ Luke A McGuinness,¹⁷ Lesley A Stewart,¹⁸ James Thomas,¹⁹ Andrea C Tricco,²⁰ Vivian A Welch,²¹ Penny Whiting,¹⁷ David Moher²²

Clinical Review & Education

Clinical Review & Education

JAMA | Special Communication

Preferred Reporting Items for a Systematic Review and Meta-analysis of Diagnostic Test Accuracy Studies: The PRISMA-DTA Statement

Matthew D. F. McInnes, MD, David Moher, PhD, Brett D. Thombs, PhD, Trevor A. McGaugh, BSc, Patrick M. Bossuyt, PhD, and the PRISMA-DTA Group

Special Communication

Preferred Reporting Items for a Systematic Review and Meta-analysis of Individual Participant Data: The PRISMA-IPD Statement

Lesley A. Stewart, PhD, Mike Clarke, DPhil, Maroosja Roovers, PhD, Richard D. Riley, PhD, Mark Simmonds, PhD, Gavin Stewart, PhD, Jayne F. Tierney, PhD, for the PRISMA-IPD Development Group

Annals of Internal Medicine RESEARCH AND REPORTING METHODS

The PRISMA Extension Statement for Reporting of Systematic Reviews Incorporating Network Meta-analyses of Health Care Interventions: Checklist and Explanations

EDITORIAL

Ten simple rules for carrying out and writing meta-analyses

Diego A. Forero^{1,2*}, Sandra Lopez-Leon³, Yelmy González-Giraldo⁴, Pantelis G. Bagoas⁵

1 Laboratory of NeuroPsychiatric Genetics, Biomedical Sciences Research Group, School of Medicine, Universidad Antonio Nariño, Bogotá, Colombia, **2** PhD Program in Health Sciences, School of Medicine, Universidad Antonio Nariño, Bogotá, Colombia, **3** Novartis Pharmaceuticals Corporation, East Hanover, New Jersey, United States of America, **4** Departamento de Nutrición y Bioquímica, Facultad de Ciencias, Pontificia Universidad Javeriana, Bogotá, Colombia, **5** Department of Computer Science and Biomedical Informatics, University of Thessaly, Lamia, Greece

* diego.forero@uan.edu.co

Introduction

In the context of evidence-based medicine, meta-analyses provide novel and useful information [1], as they are at the top of the pyramid of evidence and consolidate previous evidence published in multiple previous reports [2]. Meta-analysis is a powerful tool to cumulate and summarize the knowledge in a research field [3]. Because of the significant increase in the published scientific literature in recent years, there has also been an important growth in the number of meta-analyses for a large number of topics [4]. It has been found that meta-analyses are among the types of publications that usually receive a larger number of citations in the biomedical sciences [5,6]. The methods and standards for carrying out meta-analyses have evolved in recent years [7–9].

Although there are several published articles describing comprehensive guidelines for specific types of meta-analyses, there is still the need for an abridged article with general and updated recommendations for researchers interested in the development of meta-analyses. We present here ten simple rules for carrying out and writing meta-analyses.

Rule 1: Specify the topic and type of the meta-analysis

Considering that a systematic review [10] is fundamental for a meta-analysis, you can use the Population, Intervention, Comparison, Outcome (PICO) model to formulate the research question. It is important to verify that there are no published meta-analyses on the specific topic in order to avoid duplication of efforts [11]. In some cases, an updated meta-analysis in a topic is needed if additional data become available. It is possible to carry out meta-analyses for multiple types of studies, such as epidemiological variables for case-control, cohort, and randomized clinical trials. As observational studies have a larger possibility of having several biases, meta-analyses of these types of designs should take <https://www.crd.york.ac.uk/PRC>

is the possibility to carry out meta-analyses for genetic studies, genome-wide association studies (GWAS), or data from animal experiments. It is advisable to pre-register the systematic review protocols at the International Prospective Register of Systematic Reviews (PROSPERO; <https://www.crd.york.ac.uk/Prospero>) database [12]. Keep in mind that an increasing number of journals require registration prior to publication.

Rule 2: Follow available guidelines for different types of meta-analyses

There are several available general guidelines. The first of such efforts were the Quality of Reports of Meta-analyses of Randomized Controlled Trials (QUORUM) [13] and the Meta-



OPEN ACCESS

Citation: Forero DA, Lopez-Leon S, González-Giraldo Y, Bagoas PG (2019) Ten simple rules for carrying out and writing meta-analyses. *PLoS Comput Biol* 15(5): e1006822. <https://doi.org/10.1371/journal.pcbi.1006822>

Editor: Scott Markel, Dassault Systemes BIOVIA, UNITED STATES

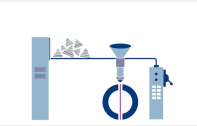
Published: May 16, 2019

Copyright: © 2019 Forero et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Funding: YG-G is supported by a PhD fellowship from Centro de Estudios Interdisciplinarios Básicos y Aplicados CEIBA (Rodolfo Llinás Program). DAF is supported by research grants from Colciencias and Vicería. PGB is partially supported by ELIOS-GR, the Greek Research Infrastructure for data management and analysis in the biosciences. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing interests: The authors have declared that no competing interests exist.

- Contexte
- Prérequis
- Méta-analyse
- Forest plot
- Compléments
- Ressources
- Conclusion



Sources d'informations

21 / 24

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion

- Cochrane: <https://www.cochrane.org/>
- *Cochrane Handbook for systematic review*
- *Cochrane RevMan Web / RevMan 5*

Review Manager (RevMan)

There are two versions of Cochrane RevMan: RevMan Web (online) and RevMan 5 (desktop)



ReviewManager (RevMan) is Cochrane's bespoke software for writing Cochrane Reviews.

► **RevMan Web** has been designed to integrate with other systematic review software and new features and updates are added regularly. Cochrane Review authors can [log in to RevMan Web](#) to view the dashboard (all reviews) and edit reviews online (all reviews other than diagnostic test accuracy reviews).

Watch our 5-minute YouTube tutorial for authors using RevMan Web.

RevMan Web is now available for non-Cochrane reviews. [Click here](#) to find out more.

► **RevMan 5** is the desktop version of the software used [for editing reviews not currently editable in RevMan Web](#) (diagnostic test accuracy reviews), [for non-Cochrane reviews](#), and [for offline working](#). You can use RevMan 5 alongside RevMan Web if needed.

If you need to use RevMan 5, please ensure you are using RevMan 5.4.1, the latest version released in September 2020. Available for download below.

Home › Cochrane Handbook for Systematic Reviews of Interventions › PDF versions (restricted)

Chapter PDFs from the *Cochrane Handbook for Systematic Reviews of Interventions* (v6.3)

PDF versions of all chapters are available to registered Cochrane contributors below, primarily for training purposes.

Full details on how to obtain permissions to re-use material in the *Handbook* can be found on the main [Handbook webpage](#). Citation information is included at the beginning of each chapter.

About Cochrane Reviews

- I. Introduction
- II. Planning a Cochrane Review
- III. Reporting a review
- IV. Updating a review
- V. **Overviews of Reviews**

Core methods

1. Starting a review
2. Determining the scope of the review and the questions it will address
3. Defining the criteria for including studies and how they will be grouped for synthesis
4. Searching for and selecting studies
5. Collecting data
6. Choosing effect measures and computing estimates of effect
7. Considering bias and conflicts of interest among the included studies
8. Assessing risk of bias in a randomized trial
9. Summarizing studies and preparing for the synthesis
10. Analysing data and undertaking meta-analyses
11. Undertaking network meta-analyses
12. Synthesizing and presenting findings using other methods
13. Assessing risk of bias due to missing results in a synthesis
14. Completing 'Summary of findings' tables and grading the certainty of the evidence
15. Interpreting results and drawing conclusions

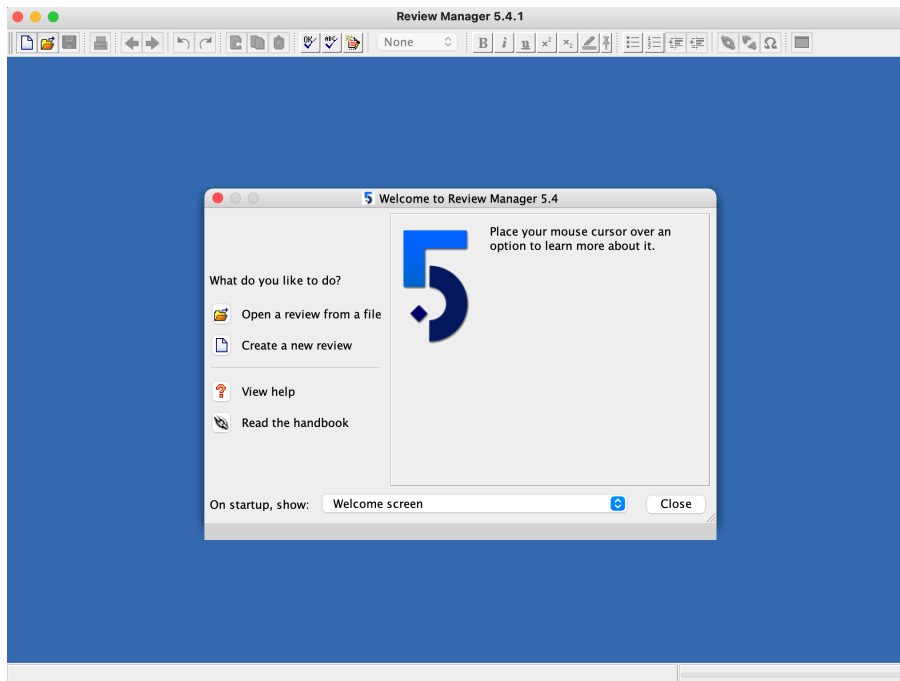
Specific perspectives in reviews

16. Equity and specific populations
17. Intervention complexity
18. Patient reported outcomes
19. Adverse effects
20. Economics evidence
21. **Qualitative research and Cochrane Reviews**

Other topics

22. Prospective approaches to accumulating evidence
23. Including variants on randomized trials
24. Including non-randomized studies
25. Assessing risk of bias in a non-randomized study
26. Individual participant data

- Review Manager *



- ◆ Chapter 9: Summarizing study characteristics and preparing for synthesis

- ◆ 9.1 Introduction

- ◆ 9.2 A general framework for synthesis

- ◆ 9.3 Preliminary steps of a synthesis

- ◆ 9.4 Checking data before synthesis

- ◆ 9.5 Types of synthesis

- ◆ 9.6 Chapter information

- ◆ 9.7 References

- ◆ Chapter 10: Analysing data and undertaking meta-analyses

- ◆ 10.S1 Supplementary material: Statistical algorithms in Review Manager 5.1

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion



- Tutoriels:

- https://bookdown.org/MathiasHarrer/Doing_Meta_Analysis_in_R/

Doing Meta-Analysis in R:

A Hands-on Guide

Table of contents

Welcome!

Preface

About the Authors

Getting Started

1 Introduction

2 Discovering R

Meta-Analysis in R

3 Effect Sizes

4 Pooling Effect Sizes

5 Between-Study Heterogeneity

6 Forest Plots

7 Subgroup Analyses

8 Meta-Regression

9 Publication Bias

Advanced Methods

10 "Multilevel" Meta-Analysis

11 Structural Equation Modeling
Meta-Analysis

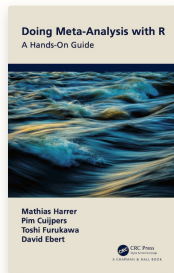
Welcome!

Welcome to the online version of "Doing Meta-Analysis with R: A Hands-On Guide".

This book serves as an accessible introduction into how meta-analyses can be conducted in R. Essential steps for meta-analysis are covered, including pooling of outcome measures, forest plots, heterogeneity diagnostics, subgroup analyses, meta-regression, methods to control for publication bias, risk of bias assessments and plotting tools.

Advanced, but highly relevant topics such as network meta-analysis, multi-/three-level meta-analyses, Bayesian meta-analysis approaches, and SEM meta-analysis are also covered.

The programming and statistical background covered in the book are kept at a non-expert level. A print version of this book has been published with Chapman & Hall/CRC Press (Taylor & Francis).



On this page

[Welcome!](#)

[Open Source Repository](#)

[Contributing](#)




[Citing this Guide](#)

[Cite the Packages](#)



Statistics in practice

How to perform a meta-analysis with R: a practical tutorial

Sara Balduzzi , Gerta Rücker , Guido Schwarzer 

24 / 24

Contexte

Prérequis

Méta-analyse

Forest plot

Compléments

Ressources

Conclusion



Votre meilleur ami ?



Comment construire et écrire une méta-analyse ?

David GASQ *

Cours optionnel de DES MPR – Généralités en méthodologie pour la MPR

28 juin 2022 - 20 minutes + 10 min de discussion

*MCU-PH, Université Toulouse 3, CHU de Toulouse;
ToNIC, Toulouse NeuroImaging Center, Université de Toulouse, Inserm, UPS



« Je ne crois
aux statistiques
que lorsque je les
ai moi-même
falsifiées »

Winston Churchill